

Directory for
Professionals of
Teenage Pregnancy
Services in Croydon

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The Teenage Pregnancy Team

Kate Naish

Teenage Pregnancy Coordinator

☎ 020 8274 6448

✉ kate.naish@croydonpct.nhs.uk

For other information about local young people's services, please refer to

🌐 www.gettingiton.org.uk

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Specialist Sexual Health Nurse

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Lead Teenage Pregnancy Midwife

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Directory for Professionals of Teenage Pregnancy Services in Croydon

Introduction

The Directory for Professionals of Teenage Pregnancy Services in Croydon has been developed to provide comprehensive information about the services that are available to the young people that you work with.

In the event that a young person tells you that they think they or their partner may be pregnant, or a teenage parent is asking for help that your service is unable to provide, this directory enables you to refer them to the services that will provide the help and advice that they need.

Given the diversity of professionals working with young people, consideration needs to be made as to the individual approach and responsibility needed when discussing sensitive issues. For example, confidentiality policies may vary from one service to another. It is important to be clear about this when talking with young people so that there are clear expectations on both parts and to ensure there are no misconceptions or any misunderstanding about information sharing.

Professionals should have knowledge of the following:

Confidentiality

Confidentiality can cause concern for young people. Some young people who are sexually active outside the agreed legal framework, may be resistant to disclosing the fact that they are at risk of pregnancy or transmission of STIs because of their opinion that their confidentiality may be breached. This opinion can prevent information being shared and may result in a delay of treatment or advice, as well as adding to feelings of stress and isolation.

In order to reassure the young person it is important that professionals are clear about the contents of their confidentiality policies and that they are discussed with the young person. This will alleviate concerns whilst enabling the young person to decide what information they wish to disclose.

The confidentiality statement used by Croydon Sexual Health services is opposite:

Confidentiality Statement

Whatever the reason for your visit here today, we offer everyone, including those under 16, a confidential service in a safe environment.

This means that:

- *Anything you say to us will be treated with respect*
- *We keep records so other people in the service can care for you*
- *We do not usually discuss your personal details outside this service without your knowledge.*

We have a duty to keep you safe. Confidentiality will only be broken in certain circumstances, for example:

- *When there is, in our professional judgement, a strong suspicion that you might harm others or that you might harm yourself*
- *When someone under 18 tells us that she or he is being physically, sexually or emotionally abused, and that not taking any action would put that person at further risk*
- *When we are told that other young people (under 18) are being abused or are at risk, for example brothers or sisters being abused at home*
- *When you are under 13 and having sex*
- *When a court order is issued to a member of staff.*

(This statement is produced and endorsed by Croydon Young People's Sexual Health Services Group: GU medicine, NHS Walk-in Centre, Family Planning Service November 2005)

Fraser Guidelines

This section focuses upon the Gillick Principle (also referred to as the Fraser Guidelines) for professionals working with young people around sexual health and teenage pregnancy.

Professionals who deliver sexual health work with young people must do so in accordance with the Fraser Guidelines, to ensure that a young person is considered to be Gillick competent.

Legally, competency, as understood in the 1985 House of Lords ruling in the Gillick case, is based upon a young person under the age of 16 being able to fully understand the treatment proposed for them and the implications of that treatment. If this competency is satisfactorily displayed to the professional, then the young person is legally entitled to medical treatment regardless of their age.

This is taken into consideration when young people under the age of 16 are seeking access to sexual health service.

Child Protection

All professionals should familiarise themselves with the 'Pan London Child Protection Guidelines' a copy of which should be available within your service. If your service does not have a copy, one can be obtained by contacting:

**Briony Ladbury,
Child Protection Manager,
Energy Centre,
Mayday University Hospital,
530 London Road,
Croydon CR7 7YE
Phone: 020 8401 3162.**

It should also be noted that any disclosure by a young person (male or female) aged 12 years or under, that they are engaged in a sexual relationship, should be discussed with and referred to the Child Protection Team for appropriate advice and any necessary action. They can be contacted on 020 8401 3996 or 020 8401 3993

Fraser Guidelines

- That the young person understands the potential risks and benefits of treatment and the advice given
- The value of parental support must be discussed. This is important for under 16s accessing contraceptive advice. The GP will explore this with young people, but more importantly, is bound to maintain their right to confidentiality
- Is the young person likely to have sexual intercourse without contraception?
- Will the young person's physical or mental health, or both, suffer if they do not receive contraceptive advice or supplies
- Is it in the best interest of the young person to provide the requested health care?

Emergency Contraception

Things to consider:

Emergency Hormonal Contraception (EHC), or what is often called the 'morning after pill', should start within 72 hours of unprotected sex. Alternatively, an IUD can be inserted up to five days after unprotected sex. If unprotected sex took place over 72 hours ago, it is advisable to contact a health adviser at a clinic.

- It is advisable to take EHC as soon after unprotected sex as possible.
- Why does the young person need EHC? Is it because they didn't use a condom or the condom broke, or is it because they do not know how to use or access contraception correctly. It may be that their partner does not like using condoms in which case, negotiation skills are essential.
- If you refer a young person to a service that provides EHC, where possible offer a follow up call. Some young people may become too scared to go to the actual appointment, some may not receive the service they required or some may feel unwell. The aim of this is to prevent young people potentially becoming pregnant which they have chosen not to.
- Are there any child protection issues to consider?
- Is the client aware of her rights to contraception even if she is under the age of 16?
- Does the client know what her future contraception needs are?
- Has the young person put herself at risk of a sexually transmitted infection? (refer to STI services)

EHC cannot be purchased by anyone under the age of 16 years. Anyone over 16 can purchase EHC from their pharmacist for a cost of approximately £25.00.

Emergency Hormonal Contraception Services in Croydon

In Croydon, EHC is provided free to young women under the age of 21 at any of the services listed below. Those marked with an * are young people specific.

Young People's Reproductive Health Service*

NHS Walk in Centre,
45 High Street, Croydon CR0 1QD

📞 020 8666 0368

🕒 Monday & Friday 3.30pm-5.30pm
Saturday 10.00pm-2.45pm

Emergency contraception, contraception, pregnancy testing, free condoms, referral for abortion, sexual health advice. Referral procedure: Drop-In for under 26 year olds

The Point*

Genito Urinary Medicine (GUM) Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

📞 020 8401 3002

🕒 Monday 3.30pm-5.30pm

Emergency contraception, contraception, free condoms, information and advice.

GUM*

Genito Urinary Medicine Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

📞 020 8401 3002

🕒 Thursday & Friday
9.00am-12.30pm
(Male only clinic)

🕒 Friday 2.00pm-5.30pm
(Female only clinic)

🕒 Monday & Tuesday
2.00pm-5.30pm
(Male only clinic)

🕒 Monday, Tuesday & Wednesday
9.00am-11.00am
(Female only clinic)

Emergency contraception, free condoms, sexual health information and advice to all age groups. closed first Wednesday of every month

Fieldway Family Centre*

Dunley Drive, New Addington, Surrey CR0 9AZ

📞 01689 844277

🕒 Thursday 3.30pm-5.30pm

Young people's sexual health service, emergency contraception.

Families Matter Project*

Castle Hill Early Years Centre, Dunley Drive, New Addington, Surrey CR0 0RJ

📞 01689 848060

🕒 Monday-Friday 8.30am-4.30pm

Free condoms, support for teenage parents.

Croydon Connexions Centre*

112-114 High Street, Croydon,
Surrey CR0 1ND

☎ 020 8401 0301

⌚ Thursday 2.00pm-5.00pm

Family planning drop-in for
under 26 year olds.

Parkway Health Centre

Parkway, New Addington,
Surrey CR0 0JA

☎ 01689 842117

⌚ Thursday 5.30pm-7.00pm

Emergency contraception to all.

Contraceptive and Reproductive Health Care Services

Walk In Centre, 45 High Street,
Croydon, Surrey CR0 1QD

☎ 020 8666 0555

⌚ Monday & Wednesday
11.00am-7.15pm

⌚ Friday 11.00am-5.30pm

No appointment necessary

Emergency contraception,
contraception & sexual health
advice to all.

Pharmacies – Members of the EHC scheme

Lloyds Pharmacy

337 Limpsfield Road, Sanderstead,
Surrey CR2 9BY

☎ 020 8657 2965

⌚ Monday-Friday 9.00am-6.00pm

⌚ Saturday 9.00am-5.30pm

No appointments needed

Emergency contraception.

McCoig Pharmacy

143 Wickham Road, Shirley,
Surrey CR0 8TE

☎ 020 8645 1762

⌚ Monday-Friday 9.00am-6.00pm

⌚ Saturday 9.00am-1.00pm

No appointment needed

Emergency contraception.

Shivas Chemist

300 London Road, West Croydon,
Surrey CR0 2TG

☎ 020 8684 1352

⌚ Monday-Friday 9.00am-6.30pm

⌚ Saturday 9.00am-1.00pm

Emergency contraception.

Superdrug Pharmacy

1-2 Cotford Parade, Brigstock Road,
Thornton Heath, Surrey CR7 7JG

☎ 020 8684 1312

⌚ Monday-Friday 8.30am-7.00pm

⌚ Saturday 8.30am-6.00pm

Emergency contraception.

Thornton Heath Pharmacy

27 High Street, Thornton Heath,
Surrey CR7 8RU

☎ 020 8684 4185

⌚ Monday-Friday 9.00am-7.00pm

⌚ Saturday 9.00am-1.00pm

Emergency contraception.

Kents Chemist

66 Church Street, Croydon,
Surrey CR0 1RB

☎ 020 8688 0888

⌚ Monday-Saturday 8.00am-6.00pm

Emergency contraception.

Klub Pharmacy

10 Crown Point Parade, Beulah Hill,
London SE19 3NG

☎ 020 8761 7296

⌚ Monday-Friday 9.00am-2.00pm &
3.00pm-6.30pm

⌚ Saturday 9.00am-2.00pm

Emergency contraception.

Fishers Chemist

1 Enmore Road,
South Norwood SE25 5NT

☎ 020 8654 1874

⌚ Monday-Friday 8.30am-7.00pm

⌚ Saturday 8.30am-6.00pm

Emergency contraception.

Larchwood Pharmacy

215 Lower Addiscombe Road,
Croydon Surrey CR0 6RB

☎ 020 8654 1149

⌚ Monday-Saturday 9.00am-7.00pm

Emergency contraception.

Old Coulsdon Pharmacy

217 Old Coulsdon Road, Old
Coulsdon, Surrey CR5 1EN

☎ 01737 553655

⌚ Monday, Tuesday, Thursday, Friday
9.00am-1.00pm &
2.15pm, 6.00pm

⌚ Wednesday 9.00am-1.00pm
& 2.30pm-6.00pm

⌚ Saturday 9.00am-1.00pm
& 2.15pm-5.30pm

Emergency contraception.

Riddlesdown Pharmacy

104 Lower Bard Road, Purley,
Surrey CR8 1HR

☎ 020 8660 7150

⌚ Monday-Friday 9.00am-1.00pm &
2.15pm-5.30pm

⌚ Wednesday closed from 1.00pm

⌚ Saturday 9.00am-1.00pm

Emergency contraception.

A-Z Pharmacy

20 London Road, Croydon,
Surrey CR0 2TA

☎ 020 8760 0035

⌚ Monday-Friday 9.00am-6.30pm

⌚ Saturday 9.30am-6.00pm

Emergency contraception.

Condoms

Things to consider:

- Is the young person engaged in sex at the moment and are they aware of the safer sex message?
 - Has the young person put themselves at risk of contracting a Sexually Transmitted Infection and need to consider having a check up or emergency contraception?
 - Is the young person aware of the different types of condoms and contraception available?
 - You could advise the young person to practise using condoms before they have penetrative sex so they feel confident with their ability to use them effectively.
 - Can they use the contraception correctly? A demonstration on how to use a condom is highly recommended.
 - When using lubricants with condoms, always ensure they are water based because oil based lubricants will break the condom.
 - Is the young person making an informed decision about sexual relationships?
- When they approach you for information, always inform the young person about emergency hormonal contraception and the risks of contracting sexually transmitted infections, when they have unprotected sex.
 - Is the young person competent at negotiating within relationships?
 - If the young person reports a rash after using a condom, refer them to the GUM clinic or their GP. It may be an allergic reaction to the rubber or the lubricant and changing condoms might help.
 - Are there any child protection issues?



Condom Distribution Scheme – Young People’s Services

The young people’s services listed below provide condoms free.

Young People’s Reproductive Health Service

NHS Walk in Centre, 45 High Street, Croydon CR0 1QD

📞 020 8666 0368

🕒 Monday & Friday 3.30-5.30

🕒 Saturday 10.00-2.45

Free condoms, emergency contraception, contraception, pregnancy testing, referral for abortion, sexual health advice. Referral procedure: Drop-In.

GUM

Genito Urinary Medicine Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

📞 020 8401 3002

🕒 Thursday & Friday
9.00am-12.30pm
(Male only clinic)

🕒 Friday 2.00pm-5.30pm
(Female only clinic)

🕒 Monday & Tuesday
2.00pm-5.30pm
(Male only clinic)

🕒 Monday, Tuesday & *Wednesday
9.00am-11.00am
(Female only clinic)

Emergency contraception, free condoms, sexual health information and advice to all age groups.

*closed first Wednesday of every month

Young People’s Clinic Connexions Centre

112-114 High Street, Croydon, Surrey CR0 1ND

📞 020 8401 0301

🕒 Thursday 2.00pm-5.00pm

Free condoms & contraception and reproductive health care service delivered by sexual health nurse from Walk In Centre.

4Lads @ NHS Walk In Centre

45 High Street, Croydon, Surrey CR0 1QD

📞 020 8666 0555

🕒 Wednesday 3.30pm-5.30pm

Free condoms available. Open access health advice for lads and young men covering male health issues including drugs, addictions, general health care, sexual health concerns, relationships.

4ALL @ Parkway Health Centre

Parkway, New Addington, Surrey CR0 0JA

📞 01689 842554

🕒 Monday 4.30pm-6.30pm

Free condoms available. Free open access to sexual health and drugs advice.

The Point

Genito Urinary Medicine (GUM) Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

☎ 020 8401 3002

⊕ Monday 3.30pm-5.30pm

Free clinic offering confidential sexual health service for men and women aged 18 or under. Free condoms, testing and treatment of sexually transmitted infections, pregnancy testing, contraception, relationship advice.

Off the Record

72 Queens Road, Croydon, Surrey CR0 2PR

☎ 020 8251 0251

⊕ Monday & Tuesday
9.30am-8.30pm

⊕ Wednesday & Thursday
9.30am-9.30pm

⊕ Friday 9.30am-5.30pm

Free condoms.

Croydon Drop-In-Support for Young People

132 Church Street, Croydon, Surrey CR0 1RF

☎ 020 8680 0404

⊕ Monday 12.00pm-7.00pm

⊕ Tuesday-Thursday 4.00pm-8.00pm

⊕ Friday 12.00pm-8.00pm

⊕ Saturday 10.00am-1.00pm
(appointment only)

Free condoms.

Homeless Health Team

12-18 Lennard Road, Croydon, Surrey CR9 2RS

☎ 020 8274 6346

⊕ Monday-Friday 9.00am-5.00pm

Condoms, referral and support in accessing appropriate health services. Referral procedures referral by other agencies or self referral. Can be seen at various sites. Appointment only.

Croydon Youth Development Trust

64-66 Windmill Road, Croydon, Surrey CR0 2XP

☎ 020 8683 7250/7251

⊕ Monday-Friday 10.00am-6.00pm

Advice, guidance, access to projects and young people's services; access to Connexions. Referral procedure: Open access or referral. No appointment needed.

There are a number of additional agencies and GP surgeries that provide condoms.

Further details can be obtained from Kate Naish
Teenage Pregnancy Coordinator,
phone 020 8274 6448
at Croydon PCT,
12-18 Lennard Road,
Croydon
Surrey CR9 2RS

Contraception, Sexual Health and STIs Advice and Services in Croydon

Contraception

- Is the young person aware of the wide variety of contraception methods available to them? (See Young People's Reproductive Health Services Information).

Things to consider:

- If the young person has had unprotected sex or put themselves at risk of pregnancy or an STI, they can be tested at the GUM clinic or other sexual health service for sexually transmitted infections.
- Anyone visiting the GUM clinic or other sexual health service will be treated in line with the confidentiality statement within the service.
- Going for a test can cause great anxiety for young people so you may need to encourage them that having health checks are a normal and responsible way to behave.
- Be aware that not all STIs have symptoms therefore the young person is not necessarily protecting themselves just by being observant. Some symptoms take longer to manifest themselves.
- Raise awareness about Chlamydia

- At the GUM clinic, the young person may be asked about partners who may also be infected. If they make contact with a present or past partner, the details of their identity will be kept confidential.
- If a young person is having regular unprotected sex, they may want to consider having regular sexual health checks.
- Discuss with the young person what their future contraception needs might be.
- Could the young person be pregnant?



Young People's Reproductive Health Service

NHS Walk in Centre, 45 High Street, Croydon, CR0 1QD

☎ 020 8666 0368

⊕ Monday, Tuesday and Friday 3.30-5.30

⊕ Saturday 10.00-12.30

Emergency contraception, contraception, pregnancy testing, free condoms, referral for abortion, sexual health advice. Referral procedure: Drop-In.

The Point

Genito Urinary Medicine (GUM) Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

☎ 020 8401 3002

⊕ Monday 3.30pm-5.30pm

Free clinic offering confidential sexual health service for men and women aged 18 or under. Testing and treatment of sexually transmitted infections, pregnancy testing, condoms, contraception, relationship advice.

GUM

Genito Urinary Medicine Clinic, Mayday Hospital, London Road, Croydon, CR7 7YE

☎ 020 8401 3002

⊕ Thursday & Friday 9.00am-12.30pm (Male only clinic)

⊕ Friday 2.00pm-5.30pm (Female only clinic)

⊕ Monday & Tuesday 2.00pm-5.30pm (Male only clinic)

⊕ Monday, Tuesday & *Wednesday 9.00am-11.00am (Female only clinic)

Emergency contraception, free condoms, sexual health information and advice to all age groups.

*closed first Wednesday of every month

4Lads @ NHS Walk In Centre

45 High Street, Croydon, Surrey CR0 1QD

☎ 020 8666 0555

⊕ Wednesday 3.30pm-5.30pm

Open access health advice for lads and young men covering male health issues including drugs, addictions, general health care, sexual health concerns, relationships. Free condoms available.

4All @ Parkway Health Centre

Parkway, New Addington, Surrey CR0 0JA

☎ 01689 842554

⊕ Monday 4.30pm-6.30pm

Free open access to sexual health and drugs advice. Free condoms.

Young People's Clinic Connexions Centre

112-114 High Street,
Croydon CR0 0JA

☎ 020 8401 0301

⊕ Thursday 2.00pm-5.00pm

Contraception and reproductive health care service delivered by sexual health nurse from Walk In Centre.

Talkbus

Outreach service run by Croydon Drop-In at a number of sites throughout the borough

☎ 020 8680 0404

⊕ Central Parade Community Centre, New Addington every Thursday 2.30pm-5.30pm.

⊕ College/School session Friday 10.00am-1.00pm
(phone to check venue)

⊕ Thornton Heath High Street, outside Job Centre every Friday 2.30pm-5.30pm-4.00pm
Specialised sessions delivered regularly at Brit School on Tuesday

Condoms, sexual health advice and information

Brook Advisory Centres

374 Brixton Road, Brixton SW9 7AW

☎ 020 8787 5000

☎ Helpline: 0800 0185 023
Monday-Friday 1.00pm-6.00pm

⊕ Saturday 1.00pm-4.30pm

Sexual health advice.

Referral procedure:

No appointment needed.

NHS Walk in Centre

45 High Street, Croydon CR0 1QD

☎ 020 8666 0555

⊕ Monday-Friday 7.00am-10.00pm

Weekends and Bank Holidays
9.00am-10.00pm

Brigstock Primary Care Trust

Brigstock Road, Thornton Heath

☎ 020 8251 9280

⊕ Wednesday 3.30pm-5.30pm

Parkway Heath Centre

Parkway, New Addington CR0 0JA

☎ 01689 842117

⊕ Thursday 5.30pm-7.00pm

Pregnancy Testing

Pregnancy tests are usually quite accurate. For the most accurate results it is suggested that the test be taken on or after the first day of the missed period.

Pregnancy tests are available free at all of the services listed below or they can be purchased at the chemist for approximately £15.00.

Things to consider:

- Don't make assumptions about the reasons behind a young woman wanting a pregnancy test. She may, want to get pregnant and be actively trying for a baby; be unsure how to access contraception; be unable to negotiate about sex in her relationship; be testing her fertility.
- Has the young person put herself at risk of getting pregnant?
- Does she need to consider having a sexual health check for an STI?
- Is she able to effectively receive Emergency Hormonal Contraception (EHC)?
- Has she considered the consequences of a positive or negative result? She may need additional support or information and you might want to consider making a follow up call after your consultation with her.

- Is there a child protection issue involved?
- If needed refer her to the counselling and support services listed.

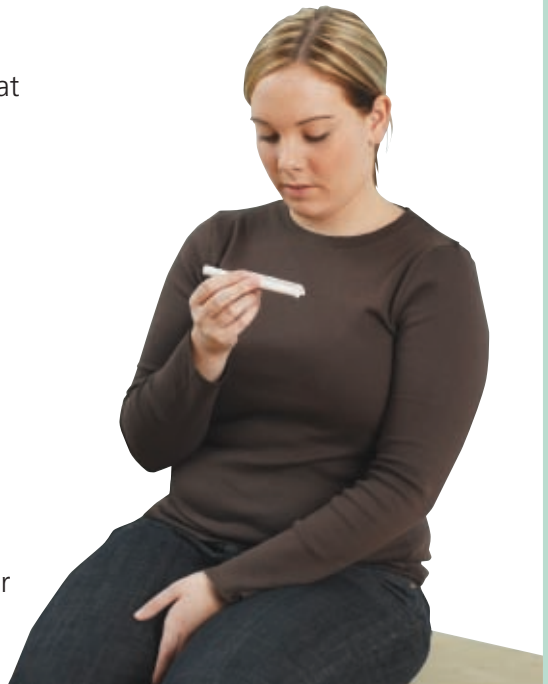
The Point

Genito Urinary Medicine (GUM) Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

📞 020 8401 3002

🕒 Monday 3.30pm-5.30pm

Pregnancy testing, testing and treatment of sexually transmitted infections, condoms, contraception, relationship advice. Free clinic offering confidential sexual health service for men and women aged 18 or under.



Young People's Reproductive Health Service

NHS Walk in Centre, 45 High Street, Croydon CR0 1QD

☎ 020 8666 0368

⌚ Monday, Tuesday and Friday
3.30pm-5.30pm

⌚ Saturday 10.00am-12.30pm

Pregnancy testing, emergency contraception, contraception, free condoms, referral for abortion, sexual health advice.

Referral procedure: Drop-In.

GUM

Genito Urinary Medicine Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

☎ 020 8401 3002

⌚ Thursday & Friday
9.00am-12.30pm
(Male only clinic)

⌚ Friday 2.00pm-5.30pm
(Female only clinic)

⌚ Monday & Tuesday
2.00pm-5.30pm
(Male only clinic)

⌚ Monday, Tuesday & *Wednesday
9.00am-11.00am
(Female only clinic)

Pregnancy testing, emergency contraception, free condoms, sexual health information and advice to all age groups.

*closed first Wednesday of every month

NHS Walk In Centre

45 High Street, Croydon CR0 1QD

☎ 020 8666 0555

⌚ Monday-Friday 7.00am-10.00pm

⌚ Weekends & Bank Holidays
9.00am-10.00pm

No appointment necessary

Medical advice, treatment for all.

Pregnancy testing, emergency contraception, condoms.

Doctors

GP contact details are held by NHS Direct. If the person is not registered with a GP, contact NHS Direct for details of all the local GPs by calling 0845 4647.

Young people can access their own GP for contraception services. Not all doctors provide free pregnancy tests so the young person would have to call and ask first and check.

Young women who are homeless and not registered with a GP practice can be referred to the Homeless Health Team by contacting 020 8274 6346 Monday-Friday 9.00am-5.00pm.

Pregnancy and Birth

Things to consider:

- Does the young person have appropriate support during and after the pregnancy?
- Is the young mum-to-be aware of the teenage pregnancy antenatal classes available to them? (contact the Teenage Pregnancy Midwifery Team for details)
- Has the issue of future contraception been considered?
- Young parents can often become isolated, so talk to her about the support services that are available in the borough and listed within the Support for Teenage Parents section.
- Staying in education, employment or training can seem difficult and the young person may not be aware of her options. See the section Continuing Education for information.
- If there are accommodation issues, refer to the Housing section
- Is the father of the baby aware that there are support services available for him and that he too can attend the teenage pregnancy antenatal classes?
- If you have concerns about domestic abuse or believe that there are child protection issues concerning the safety of the unborn child, the young mum or any children she may already have, refer to the services listed in the Violent and Abusive Relationships section.



Support services available to help plan for the birth and delivery of the baby are listed below.

Teenage Pregnancy Specialist Midwives

Cotelands PRU,
John Ruskin College,
Selsdon Park Road,
South Croydon CR2 8JJ

☎ 020 8274 6388 (Answer phone)

Mobile Numbers:

(Teenage Pregnancy midwifery team)

☎ 07917 246 745 (lead)

☎ 07917 246 744

☎ 07917 246 756

☎ 07917 246 749

☎ 07917 246 732

☎ 07917 246 740

Antenatal and Postnatal advice and support.

Teenage Pregnancy Specialist and Health Visitor Team Leads

Specialist Teenage Pregnancy Health Visitor:

☎ 020 8274 6387

Purley Clinic:

☎ 020 8660 3549 ext 352

Norbury Health Centre:

☎ 020 8679 1700 ext 109

Parkway Health Centre:

☎ 01689 842554 ext 232

Morland Road:

☎ 020 8656 6722

Sanderstead Clinic:

☎ 020 8651 5122

Thornton Heath Clinic:

☎ 020 8684 2424

Sure Start:

☎ 020 8726 0605

Offer support to young parents and their families before and after the birth of the baby up to the age of 5 years.

Abortion

Things to consider:

Abortions can be carried out up to 24 weeks into the pregnancy. A young woman under the age of 16 may consent to an abortion without parental knowledge if it is felt that she has sufficient maturity and understanding to appreciate what is happening.

In practice, most doctors would recommend and prefer to have consent from the parents or those that have parental responsibility before carrying out the procedure.

- Young women often seek advice only after missing more than one period probably due to denial that they may be pregnant, or through lack of knowledge or fear of the unknown.
- If the young woman has not sought advice quickly, she will have important decisions to make in a short space of time and will need guidance about the options available to her.
- If you feel that your service is not equipped to deal with the subject of abortion, a referral to a Counselling and Support Service might be advisable
- Check whether the young woman has ongoing contraception needs.
- Are there any child protection issues to address?



Marie Stopes International

☎ 0845 300 8090

🌐 www.abortion-help.co.uk

Advice and help about termination of pregnancy.

The Point

Genito Urinary Medicine (GUM) Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

☎ 020 8401 3002

🕒 Monday 3.30pm-5.30pm

Free clinic offering confidential sexual health service for men and women aged 18 or under. Testing and treatment of sexually transmitted infections, pregnancy testing, condoms, contraception, relationship advice, emergency contraception & abortion.

Young People's Reproductive Health Service

NHS Walk in Centre, 45 High Street, Croydon CR0 1QD

☎ 020 8666 0368

🕒 Monday, Tuesday and Friday 3.30pm-5.30pm

🕒 Saturday 10.00pm-12.30pm

Emergency contraception, contraception, pregnancy testing, free condoms, referral for abortion, sexual health advice. Referral procedure: Drop-In.

GUM

Genito Urinary Medicine Clinic, Mayday Hospital, London Road, Croydon CR7 7YE

☎ 020 8401 3002

🕒 Thursday & Friday
9.00am-12.30pm
(Male only clinic)

🕒 Friday 2.00pm-5.30pm
(Female only clinic)

🕒 Monday & Tuesday
2.00pm-5.30pm
(Male only clinic)

🕒 Monday, Tuesday & *Wednesday
9.00am-11.00am
(Female only clinic)

Emergency contraception, free condoms, sexual health information and advice to all age groups.

*closed first Wednesday of every month

Brook Advisory Centres

374 Brixton Road, Brixton SW9 7AW

☎ 020 8787 5000

☎ Helpline: 0800 0185 023

🕒 Monday-Friday 1.00pm-6.00pm

🕒 Saturday 1.00pm-4.30pm

Sexual health advice.

Referral procedure: No appointment needed.

Doctors

Refer young person to their local GP surgery. All GP contact details are held by NHS Direct who can be contacted on ☎ 0845 4647.

Adoption and Fostering

Things to consider:

- The young person/professional can contact the adoption and fostering team for an informal discussion or to initiate and receive support throughout the whole process.
- A young mother wishing to give her child up for adoption or fostering will need to be able to give clear reasons for her decision to the adoption and fostering service.
- Has the young mum considered the option of the baby's grandparents becoming the foster/adoptive parents?
- The young mum may require additional support and counselling throughout this decision making process and should be referred to the appropriate services.
(See *Counselling and Support Services*).
- A young parent may change their mind on a number of occasions.

Fostering and Adoption Service

Taberner House, Room FR4-06,
Park Lane, Croydon CR9 2BA

☎ 0800 389 0129

☎ 020 8760 5665

Children, Youth, Families & Schools

Croydon Council, Taberner House,
Park Lane, Croydon CR9 3JS

☎ 020 8726 6400

💻 [www.croydon.gov.uk/
contactcouncil](http://www.croydon.gov.uk/contactcouncil)

Adoption UK National Helpline:

☎ 0844 848 7900



Support for Teenage Parents

Things to consider:

- Juggling parenthood with continuing education or employment can be difficult for anyone, but is often particularly hard for young parents
- Would the young person benefit from attending a support group where they can meet other young parents?
- For on-going health and development information, the young person should contact their health visitor, GP or midwife
- Is the young mum considering continuing education? Refer to the section on Continuing Education, Employment and Training



Broad Green Sure Start Young Parents Group

Soft Play Zone, 89 London Road, Croydon, Surrey CR0 2RF

☎ 020 8649 8441

🕒 Tuesday 3.00pm-5.00pm

Condoms, support of health visitor & parent coordinator, crèche, programme of activities around behaviour management, healthy eating, exercising etc. Exercise classes. Aged up to 24 years.

Cotelands Young Parents Drop In

John Ruskin College, Selsdon Park Road, South Croydon CR2 8JJ

☎ 020 3252 2020

🕒 Thursday 2.00pm-4.30pm

Childcare, support for young parents covering a wide range of subjects both recreational and practical. Open to all young parents.

Young Mums Group - New Addington

Goldcrest Youth Centre, Goldcrest Way, New Addington Surrey CR0 OPL

☎ 01689 844420

🕒 Thursday 12.00pm-3.00pm

Advice, activities and meeting place for young women aged up to 25 years. Crèche available.

CYTO Young Women's Group

Croydon Youth Theatre, Oakley Road, South Norwood SE25 4XQ

☎ 01689 844420

🕒 Monday 12.00pm-2.30pm

Advice, activities and a meeting place for young women aged up to 25 years. Crèche available.

Coulsdon Young Parents Group

The Heath Room, Old Coulsdon Congregational Church, Old Coulsdon, Surrey CR5 1EH

☎ 020 8660 3549

🕒 Thursday 2.00pm-3.30pm

Meeting place, activities and advice for young parents and their children.

Young Parents Midwifery Team

Croydon PCT, 12-18 Lennard Road, Croydon CR9 2RS

☎ 020 8274 6388

Antenatal and postnatal support and advice to pregnant teenagers and teen parents.

Young Parents Health Visitor

Croydon PCT, 12-18 Lennard Road, Croydon CR9 2RS

☎ 020 8274 6387

Provides advice, training and support to staff working with young parents.

Support for Teenage Parents

Baby Talk

Commonside Trust Office,
South Lodge Avenue,
Mitcham, Surrey CR4 1LT

☎ 020 8764 9582

⊕ Wednesday 3.00pm-5.00pm

Meeting place for young mums and mums to be aged 16-19 years.

Connexions Teenage Pregnancy Personal Adviser

112-114 High Street, Croydon,
Surrey CR0 1ND

☎ 020 8401 0301

⊕ Monday-Wednesday
9.00am-5.00pm

⊕ Thursday 9.00am-6.30pm

⊕ Friday 10.30am-5.00pm

⊕ Saturday 10.00am-1.30pm

Offers support to pregnant teenagers and teenage parents (16-19 years & up to 25 years for those with learning difficulties) in finding employment, training, continuing education & childcare. Plus personal and social development programmes.

Croydon Children's Information Service

10 Katharine Street, Croydon,
Surrey CR0 1JU

☎ 0845 1111 100

⊕ Monday, Tuesday, Wednesday &
Friday 10.00am-4.00pm

⊕ Thursday 10.00am-6.00pm

Support and advice about childcare options and childcare courses.

Home-Start Croydon

1-8 Ramsey Court,
122 Church Street, Croydon CR0 1RF

☎ 020 8667 0207

⊕ Monday-Friday 9.00am-5.30pm

Support parents in their own homes with parenting skills.

Parentline Plus

☎ 0808 800 2222

(free confidential helpline)

⊕ 24 hours a day, 7 days a week

Advice about childcare for parents.

Leaving Care and Independence Service

28 Wellesley Road,
Croydon CR0 2AD

☎ 020 8239 4290/4294

Service for 16-25 year old looked after young people, providing support in preparing them for independence and living independently.

Unaccompanied Minors Team

Croydon Council, Taberner House,
Park Lane, Croydon CR9 3JS

☎ 020 8726 6400

Specialist assessments to all new asylum seeking unaccompanied children, providing support on arrival and throughout duration of stay in UK.

Specifically for Dads

It is important to remember that young fathers feel as strongly about their children as other fathers do. Most also want the best for their children and evidence has shown that when young fathers get involved in their children's lives, their children have fewer problems and get on better at school.

There is a range of information, advice and support available to young fathers in Croydon (Refer to the Croydon Young Fathers information guide, entitled 'Young Father? Or about to become one?' for further details.

Key contacts include:

Young Fathers worker

 www.workingwithmen.org.uk

Local support to young fathers in Croydon on being a parent and offering advice on work and training. We are currently recruiting for this post, so in the meantime, contact Connexions TP. PA 020 8667 2405

Dad's Time at Sure Start

89 London Road, Croydon

📞 020 8667 0207

🕒 Saturday mornings

Support for dads, step dads and male carers with young children.

It's Time for Dads

Fieldway Family Centre,
New Addington, Croydon

📞 01689 844 277

📞 Mobile: 07951 003849

🕒 Term Time only every Friday
12.30pm-2.30pm (dads with
children up to 5 years)

🕒 Saturday 11.00am-1.00pm (dads
with children up to 7 years)

🕒 Social evenings 7.00pm-9.00pm
call for details

Drop-in support and signposting.

Benefits and Rights

Connexions Teenage Pregnancy Personal Adviser

112-114 High Street, Croydon, Surrey CR0 1ND

☎ 020 8401 0301

⊕ Monday-Wednesday
9.00am-5.00pm

⊕ Thursday 9.00am-6.30pm

⊕ Friday 10.30am-5.00pm

⊕ Saturday 10.00am-1.30pm

Teenage Parent Personal Advisor available to offer support to pregnant teenagers and teenage parents (16-19 years & up to 25 years for those with learning difficulties) in finding employment, training, continuing education & childcare. Also provides personal and social development programmes in a range of settings including, schools, colleges, training providers and community and voluntary sectors.

Croydon Churches Housing Association – Teenage Parents Floating Support

7 St Johns Road, Croydon CR0 1RX

☎ 020 8666 9449

⊕ Monday-Friday 9.00am-5.00pm

Resettlement/visiting support for 16-18 year old pregnant teenagers/parents within the borough, includes mums of any age leaving Mother and Baby units. The council must also have accepted a duty to house the client.

Support and advice offered to enable client to live independently to maintain their tenancy. Other housing related advice includes claiming benefits, setting up and establishing a home, assistance with budgeting and managing on a low income.



Welfare Benefits Project Advice Venues

Drop In

Parchmore Youth and Community Centre

55 Parchmore Road, Thornton Heath, Croydon CR7 8LY

☎ 020 8653 8998

🕒 Monday 10.00am-1.00pm

New Addington Community Centre

Community Hall, Central Parade, New Addington CR0 0JB

☎ 01689 843219

🕒 Tuesday 9.30am-12.30pm

Timebridge Community Centre

Fieldway, New Addington CR0 9AZ

☎ 01689 841688

🕒 Wednesday 10.00am-1.00pm

Sure Start*

Christ Church Hall, Sumner Road, Croydon

☎ 020 8765 0923

🕒 Monday 1.00pm-3.00pm

Sure Start*

Kingsley Primary School, Thompson Crescent, Croydon CR0 3JJ

☎ 020 649 8441

🕒 Thursday 10.00am-12.00pm
(fortnightly)

* Only for families with a child under 5 years that live in Broad Green

Appointment Only

Monday

Whitehorse Practice

87 Whitehorse Road, Croydon CR0 2JJ

☎ 020 8684 1162

🕒 Monday 10.00am-12.00pm

Broom Road Practice

23 Broom Road, Shirley, Croydon CR0 8NG

☎ 020 8777 5511

🕒 Monday 2.00pm-4.00pm
(fortnightly)

Tuesday

New Addington District Housing Office

90 Central Parade, New Addington, Croydon CR0 0JB

☎ 01689 808206

🕒 Tuesday 9.30am-12.30pm

Wednesday

New Addington District Housing Office

90 Central Parade, New Addington, Croydon CR0 0JB

☎ 01689 808206

🕒 Wednesday 2.00pm-4.00pm

Eversley Medical Centre

501 London Road, Thornton Heath, Croydon CR7 6AR

☎ 020 8684 1172

🕒 Wednesday 2.00pm-4.00pm

Dr Cambridge

88 Greenside Road,
Croydon CR0 3PN

☎ 020 8240 0072

⊕ Wednesday 1.00pm-3.00pm
(fortnightly)

Thursday

Thornton Heath Health Centre

61a Gillett Road, Thornton Heath,
Croydon CR7 8RL

☎ 020 8684 2424

⊕ Thursday 10.00am-12.00pm

South Norwood Hill Medical Centre

103 South Norwood Hill, South
Norwood, London SE25 6BY

☎ 020 8771 0742

⊕ Thursday 1.00pm-3.00pm

Sickle Cell and Thalassaemia Centre

316/320 Whitehorse Road,
Thornton Heath, Croydon CR0 2LE

☎ 020 8251 7247

⊕ Thursday 2.00pm-4.00pm
(1st Thursday of every month)

Hotline

☎ Freephone: 0800 7315920

⊕ Wednesday 11.00am-2.00pm

⊕ Friday 9.00am-12.00pm

Citizens Advice Bureaux

1a Overbury Crescent,
New Addington, Surrey CR0 0LR

☎ 01689 846890

⊕ Monday & Wednesday
10.00am-12.30pm

🌐 www.croydoncab.org.uk

Advice and support

Referral: Appointments by
phone only.

Strand House, 1 Zion Road,
Thornton Heath Surrey CR7 8RG

☎ 020 8684 2236

⊕ Tuesday & Friday
10.00am-12.45pm

🌐 www.croydoncab.org.uk

Advice and support

Referral: Appointments by
phone only.

Housing Support

People placed on the housing register have been considered based on their application and eligibility for social housing.

Tenancies are only offered to those aged 18 or over and have been deemed eligible for housing. People aged 16 and over may also apply but will not be given a tenancy until they have reached 18 years of age.

Things to consider:

- If the young person is 16 or 17 years old and is pregnant, they should go to HAP<25 as listed overleaf.
- If a young person is going to be made homeless their needs will be assessed to gauge whether Croydon Council has a duty to care for them.
- If the young person is aged under 16, they need to approach Social Services Assessment Service as listed below.
- If a young person has previously been a Looked After Child in Croydon, they should in the first instance contact the Leaving Care Team details listed below.

Housing Support

HAP<25

32a Dingwall Rd,
Croydon CR0 2NB

☎ 020 8657 9241

⌚ Monday, Tuesday, Thursday
& Friday 10.00am-4.00pm

⌚ Wednesday 1.00pm-4.00pm

Housing advice for pregnant women
of 16 and 17 years of age. Referral
procedure: Open access.

Housing Options Section

Taberner House, Park Lane,
Croydon CR9 1DH

☎ 020 8726 6100

⌚ Monday-Friday 8.30am-4.45pm

⌚ Wednesday 1.00pm-4.45pm

For 16/17 year old parents, couples
or anyone aged 18+. Housing
options advice, homelessness
prevention, information about the
housing register and how to access
social and private sector housing.
Referral procedures: Open access,
referrals and appointments taken.

Homeless Persons Section

Council Offices, Taberner House, Park
Lane, Croydon, CR9 1DH

☎ 020 8726 6100

Social Services Assessment Service

Rees House, 2/4 Morland Road,
Croydon CR0 6NA

☎ 020 8239 4200

Assessment for under 16s
presenting as homeless.

Leaving Care and Independence Service

28 Wellesley Road,
Croydon CR0 2AD

☎ 020 8239 4290/4294

Service for 16-25 year old looked
after young people, providing
support in preparing them for
independence and living
independently.

Croydon Drop-In-Support for Young People

132 Church Street, Croydon,
Surrey CR0 1RF

☎ 020 8680 0404

⌚ Monday 12.00pm-7.00pm

⌚ Tuesday-Thursday
4.00pm-8.00pm

⌚ Friday 12.00pm-8.00pm

⌚ Saturday 10.00am-1.00pm
(appointment only)

Advocacy and advice,
housing support.

Croydon Churches Housing Association Mother & Baby Project

6 Dunheved Road North,
Croydon CR7 6AH

☎ 020 8664 8003

Temporary supported housing accommodation for young women aged 16-24 who are either pregnant or have a baby. Referral Procedure: Referrals from Croydon Temporary Accommodation Team at Croydon Council. Appointment only.

Croydon Churches Housing Association - Teenage Parents Floating Support

7 St Johns Road, Croydon CR0 1RX

☎ 020 8666 9449

🕒 Monday-Friday 9.00am-5.00pm

Resettlement/visiting support for 16-18 year old pregnant teenagers/parents within the borough, includes mums of any age leaving Mother and Baby units. The council must also have accepted a duty to house the client.

Support and advice offered to enable client to live independently to maintain their tenancy. Other housing related advice includes claiming benefits, setting up and establishing a home, assistance with budgeting and managing on a low income.

Christian Family Concern Mother and Baby Unit

Wallis House,
42 South Park Hill Road,
South Croydon CR2 7DU

☎ 020 8688 0251

Supported housing for pregnant and young mothers. Referral procedure: Referrals needed and appointment only basis.

Home-Start Croydon

1-8 Ramsey Court,
122 Church Street,
Croydon CR0 1RF

☎ 020 8667 0207

🕒 Monday-Friday 9.00am-5.30pm

Referral to benefits advisers.

Violent and Abusive Relationship Issues

All of the services below are available to anyone that is suffering from or is in fear of a violent and or an abusive relationship.

Family Justice Centre

Park Lane, Croydon CR0 1JD

☎ 020 8688 0100

🕒 Monday-Friday 9.00am-5.00pm

Advice on social, welfare, economic, safety, accommodation, criminal and civil justice needs of individuals living with or escaping from abuse.

Domestic Violence (Police Domestic Violence Unit)

☎ 020 8667 1212 (Hotline)

Police Domestic Violence Unit

South Norwood Police Station,
11 Oliver Grove,
South Norwood SE25 6ED

☎ 020 8649 1265

Help and advice to victims of domestic violence.

Croydon Women's Aid

☎ 020 8679 8848

🌐 www.womensaid.org.uk

✉ cwaid@btconnect.com

Emergency accommodation for women at risk of domestic violence. Referrals only accepted from Refuge National Hotline.

Croydon Welcare-Family Support

56a Mitcham Road,
Croydon CR0 3RG

☎ 020 8688 5151

🌐 www.welcare.org

✉ croydonwelcare@fsmail.net

Victim Support Croydon

250 Brighton Road, South Croydon

☎ 020 8681 7711

Home-Start Croydon

1-8 Ramsey Court,
122 Church Street,
Croydon CR0 1RF

☎ 020 8667 0207

🕒 Monday-Friday 9.00am-5.30pm

Support in the home with fleeing/living with domestic violence.

Domestic Violence Court Advocacy helpline

☎ 020 8239 8845

🕒 Monday-Friday 9.00am-5.00pm

Help to victims of domestic violence to bring civil and criminal action against partners.

Croydon Rape & Sexual Abuse Support Centre

PO Box 383,
Croydon CR9 2AW

☎ 020 8683 3311

Helpline: ☎ 08451 221331

💻 www.rasasc.org.uk

⌚ Monday-Friday 12.00pm-2.30pm
& 7.00pm-9.30pm

⌚ Weekends and Bank Holidays
2.30pm-5.00pm

Support for all women and young girls that have experienced rape or sexual abuse.

24 Hour Domestic Violence National Helpline

☎ 0808 2000 247

Refuge National Hotline

☎ 0345 023468

Child Protection & Social Services

Designated Nurse – Looked After Children

Energy Centre, Mayday Hospital,
530 London Road, Croydon
Surrey CR7 7YE

☎ 020 8401 3992

Safeguarding Children Manager

Energy Centre, Mayday Hospital,
530 London Road, Croydon CR7 7YE

☎ 020 8401 3162

Croydon Social Services

Central Support Room
1-22, Taberner House, Park Lane,
Croydon CR9 2BA

☎ 020 8760 5768

Emergency Duty Social Worker

☎ 020 8726 6500

Unaccompanied Minors Team

Croydon Council, Taberner House,
Park Lane, Croydon CR9 3JS

☎ 020 8726 6400

Specialist assessments to all new
asylum seeking unaccompanied
children, providing support on arrival
and throughout duration of stay
in UK.

Leaving Care and Independence Service

28 Wellesley Road, Croydon CR0 2AD

☎ 020 8239 4290/4294

Service for 16-25 year old looked
after young people, providing
support in preparing them for
independence and living
independently.

Continuing Education

Teenage parents can access the services listed below to get help and advice about continuing their education, employment and training.

Teenage Pregnancy Reintegration Officer*

Cotelands Centre, John Ruskin College, Selsdon Park Road, South Croydon CR2 8JJ

☎ 020 3252 2020

⊕ Term time only

Support for pregnant and teenage parents to remain in mainstream school, to attend Cotelands, respite or full-time school also enrolling at College or other educational provision.

Croydon Connexions Centre

112-114 High Street, Croydon, Surrey CR0 1ND

☎ 020 8401 0301

⊕ Monday-Wednesday
9.00am-5.00pm

⊕ Thursday 9.00am-6.30pm

⊕ Friday 10.30am-5.00pm

⊕ Saturday 10.00am-1.30pm

Teenage Parent Personal Advisor available to offer support to pregnant teenagers and teenage parents (16-19 years & up to 25 years for those with learning difficulties) in finding employment, training, continuing education & childcare. Also provides personal and

social development programmes in a range of settings including, schools, colleges, training providers and community and voluntary sectors.

Aiming High*

Castle Hill Early Years Centre, Dunley Drive, New Addington, Surrey CR0 0RJ

☎ 01689 848060

⊕ Monday-Friday 8.30am-4.30pm

Training programme for young mums and pregnant teens between 16-19 years with crèche on site. Accredited young mums to be qualification. Peer Educators available to give talks at local schools on realities of being a young parent.

YMCA Training-Entry to Employment

88-90 South End, Croydon CR0 1DQ

☎ 020 8686 3669

Support for 16-19 year olds in decision making and skills for future employment.

Young Fathers worker

🌐 www.workingwithmen.org.uk

Local support to young fathers in Croydon on being a parent and offering advice on work and training. We are currently recruiting for this post, so in the meantime, contact Connexions 020 8667 2405 Services marked* are for young women only

Counselling

Croydon Drop-In Support for Young People

132 Church Street, Croydon,
Surrey CR0 1RF

- 📞 020 8680 0404
- 🕒 Monday 12.00pm-7.00pm
- 🕒 Tuesday-Thursday 4.00pm-8.00pm
- 🕒 Friday 12.00pm-8.00pm
- 🕒 Saturday 10.00am-1.00pm
(appointment only)

Advocacy and advice, information and counselling for 11-25 year olds living studying or working in Croydon.

DNA (Drugs and Alcohol)

72 Queens Road, Croydon,
Surrey CR0 2PR

- 📞 020 8251 0251
- 🕒 Monday and Tuesday
9.30am-8.30pm
- 🕒 Wednesday and Thursday
9.30am-9.30pm
- 🕒 Friday 9.30am-5.30pm

Counselling for young people aged 14-25 years on any subject.

Off the Record

72 Queens Road, Croydon,
Surrey CR0 2PR

- 📞 0208 251 0251
 - 🕒 Monday and Tuesday
09.30am-8.30pm
 - 🕒 Wednesday and Thursday
9.30am-9.30pm
 - 🕒 Friday 9.30am-5.30pm
- Counselling for young people aged 14-25 years on any subject.

MEDYP

Croydon Community Mediation
1st Floor 29-33 Church Street,
Croydon CR0 1RH

- 📞 020 8255 3463
- 🕒 Monday-Thursday
4.00pm-6.00pm
- 🕒 Friday 4.00pm-5.00pm

Mediation service for young people and their parents/carers. Referral Procedure: Drop-in and appointment.

Other Useful Contacts

NHS Walk In Centre

45 High Street, Croydon CR0 1QD

☎ 020 8666 0555

🕒 Monday-Friday
7.00am-10.00pm

🕒 Weekends & Bank Holidays
9.00am-10.00pm

🕒 No appointment necessary

Medical advice, treatment for all.
Emergency contraception, condoms.

Child & Adolescent Mental Health Service

Lennard Lodge, 3 Lennard Road,
Croydon CR0 2UL

☎ 020 8700 8800

🌐 www.slam.nhs.uk

Assessments, treatment, advice,
training and consultation to children
and adolescents with persistent
severe, mental health problems.

Referrals: Any professional or
agency (GP, paediatricians, HV,
Social Services, Educational
Psychologists, head teachers etc.)
that have carried out an assessment
and can provide information about
the child and family.

Referral forms available on request.

NHS Direct

☎ 0845 46 47 (24 hours)

🌐 www.nhsdirect.nhs.uk

Confidential nurse led help.

Mayday University Hospital

530 London Road,
Croydon Surrey CR7 7YE

☎ 020 8401 3000

Acute health services.

PALS (Patient Advice and Liaison Service)

12-18 Lennard Road, Croydon,
Surrey CR9 2RS

☎ 020 8274 6333

✉ pals@croydonpct.nhs.uk

🌐 www.croydon.nhs.uk

Croydon Translation & Interpreting Service

Equalities Unit, Taberner House,
7th Floor, South Side, Park Lane,
Croydon CR9 3JS

☎ 020 8407 1369

✉ ctis@croydon.gov.uk

Croydon Police Station

71 Park Lane, Croydon CR9 1BP

☎ 020 8667 1212

For further information or to
request more copies of the
directory please contact:

Kate Naish

Teenage Pregnancy

Co-ordinator,

Croydon PCT,

12-18 Lennard Road,

Croydon Surrey CR9 2RS

020 8274 6448



Croydon
Primary Care Trust



**CROYDON
COUNCIL**
www.croydon.gov.uk