JSNA Schizophrenia progress report

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Methodology

- Picture of schizophrenia in Croydon
- Policy context - national and local
- Evidence review - clinical and cost effectiveness
- Service Provision - what available, service models, activity, outcomes,
- Consultation: service users and providers
What is schizophrenia?

- Severe mental illness
- Psychotic symptoms
- Onset often young adulthood
- Prodromal period followed by acute phase
- Course varies
- Impacts on life
- Physical health impact
- Side effects of treatment
- Stigma, prejudice and social exclusion
- Prevalence rate 0.4 %
Prevalence of schizophrenia in Croydon by age (ever diagnosed)

Source: Croydon GP practices
Prevalence of schizophrenia in Croydon by ethnic group & gender
GP recorded schizophrenia prevalence by deprivation, Croydon

Index of Multiple Deprivation quintile

Percentage (age-sex standardised)
NICE guidance: Key priorities for implementation (2009)

- Access and engagement
- Annual monitoring of physical health
- Psychological interventions
- Pharmacological interventions
- Interventions for those whose illness has not responded adequately to treatment
Key policy issues

- Recovery focus
- Personalisation
- Focus on outcomes
## Service Framework

<table>
<thead>
<tr>
<th>Promoting recovery:</th>
<th>Step 1 No concerns</th>
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<tbody>
<tr>
<td></td>
<td>Promoting wellbeing</td>
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<tr>
<td>Housing</td>
<td><strong>Step 2 -3: Mild to moderate concerns</strong></td>
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<td>Income</td>
<td>Primary Healthcare</td>
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<tr>
<td>Social Inclusion</td>
<td><strong>Step 4: Complex needs</strong></td>
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<td>Specialist MH Community provision</td>
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<td><strong>Step 5: Very complex needs</strong></td>
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<td>Specialist MH In-patient or crisis</td>
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Comprehensive care plan in place
Review recorded in the preceding 15mths
Findings re specialist community provision

- Early Intervention for Psychosis (COAST)
- Recovery teams
- Assertive outreach
- Medication
- Psychological therapies
- Schizophrenia audit
Findings re in-patient provision

- Home treatment team
- Psychiatric liaison team
- Inpatient provision
Trend in emergency hospital admissions
Emergency hospital admissions in London Boroughs

Findings re Social recovery factors

- Housing
- Employment
- Benefits advice
- Social Inclusion
What do people say about local service provision? (1)

CLINICAL PROVISION
- GPs
- Crisis provision
- Community provision
- In-patient provision
- Medication
- Psychological therapies
What do people say about local service provision? (2)

SOCIAL PROVISION
- Carers
- Social support and inclusion
- Housing
- Benefits
- BME access issues
What do people say about local service provision? (3)

SYSTEM ISSUES
- Home treatment team capacity
- High recovery team case loads
- Social issues (eg housing) delay discharge
- Bed shortage - private /early discharge
- Inappropriate housing sets back recovery
- Reluctance re discharge to primary care
- Movement in system slows down
- Insufficient social inclusion provision prevents access
What do people say about local service provision? (4)

COMMISSIONING ISSUES

- Shared vision required
- Involve all stakeholders in an on-going way
- Need for a pathway perspective
- Too much £ in secondary care (SLAM) & too little £ in social sector
- Who decides on developments?
- Lack of available data eg reasons for referral, reasons for hospital admission
- Outcome measures in secondary care
Draft recommendations

- Develop strategy to shift funding from higher cost to lower end
- Develop on-going mechanisms for developing shared vision
- Look at how more meaningful data can be obtained eg audit referrals to home treatment team and liaison team
- Improve links between primary and secondary care
Draft recommendations

- Develop care pathways from primary to secondary care
- Build community teams rather than increasing hospital beds
- Increase the focus on physical health
- Broaden access to social inclusion activities
- Improve process for direct payments
- Improve support for carers role
Draft recommendations

- Improve access to benefits advice
- Improve access for BME groups
- Trial increasing access to employment support for non CPA clients
- Improve access to vocational advice in the EIP team
- Provide training in recovery to all staff within secondary care
Thank you

- Any questions?