

Support services for physical disabilities

Age UK

Concerned with the needs and aspirations of older people aged 55+, Age UK Croydon has produced a very helpful online directory of services providing information and advice on the service available.

Disabled Living Foundation

Providing older and disabled people with equipment solutions to help them lead independent lives. They aim to help people achieve greater mobility and independence and to confront barriers excluding them from living a full and productive life at home, at work and in their leisure time. They provide a helpline for professionals and the public (details below).

Telephone: 0300 999 004

Email: marjan.sultan@dlf.org.uk

Address Line: Ground Floor, Landmark House, Hammersmith Bridge Road, London, W6 9EJ

Helpline: 0300 999 0004

Website: <http://www.dlf.org.uk>

Disability Croydon

Provides support for community projects and social enterprises run by people with disabilities. Their 'D for Disability' helpline gives information and advice on disability related matters. They also offer a number of other services including:

- alternative format service
- a bulletin giving updates on current disability issues
- RADAR keys for accessible toilets
- professional advocacy
- 'Have Your Say' consultation project
- disability equality training and access consultancy
- training in assistive computer technology

Telephone: 020 8688 3622

Fax: 020 8689 3414

Email: info@disabilitycroydon.org.uk

Address Line: 21-22 Ramsey Court, 122 Church Street, Croydon, CR0 1FR

Website: <http://www.disabilitycroydon.org.uk>

Multiple Sclerosis Society

The [Croydon branch](#) provides self-help groups, respite care and welfare support for members and their families, both practical and emotional. They provide information about all aspects of MS and organise social events and outings.

The Royal Association for Disability and Rehabilitation (RADAR)

RADAR has published a booklet called 'If only I'd known that a year ago' which is aimed at newly disabled people and those whose situation has changed. It costs £12.60 and can be obtained by calling 020 7250 3222 or logging onto the [RADAR website](#).