Help prevent COVID-19 For parents, carers and children in Croydon

Key actions

- Know the symptoms
- Know when to self isolate
- Request a Test
- Inform school
- Share contacts

Kids can go to school, nursery, childminder as normal if they have:

- Runny noses
- Sore throats without a fever
- Mild colds

The main COVID19 symptoms



new and continuous cough



high temperature



loss of, or change in, your normal sense of taste or smell (anosmia)

Stop the spread of coronavirus





Wash your hands more often and for 20 seconds





Use soap and water or a hand sanitiser when you:

- Get home or into work
- Blow your nose, sneeze or cough
- Eat or handle food

Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze and throw the tissue away straight away

REMEMBER



Keep 2 metres away from other people when you are out of

- the house
- Walk or cycle to school if you can
- Wear face coverings when required
- Do not go out in more than groups of six



Can I send my child to school?

The main COVID symptoms are, one or more of:

- Fever>37.8 OR
- New continuous cough OR
- Loss of taste and / or smell

Children can go to school, nursery, childminder as normal if they have:

- Runny noses
- · Sore throats without a fever
- Mild colds

NO



Does <u>your child</u>
have any of the
symptoms of
COVID-19?

YES

Does anyone in your household have symptoms of COVID-19?

YES

Has your child been asked to self-isolate by NHS test and trace?

NO →

If your child is well, they can attend school.

Keep your child off school and at home for at least 10 days.

- Tell the education setting
- Book a COVID-19 test immediately on the NHS testing website or by calling 119
- If concerned about symptoms call 111
- Everyone in your household, including siblings, stays at home. Follow guidance for households.

Keep your children off school and at home for at least 14 days.

The person with COVID 19 symptoms should:

- Self-isolate for at least 10 days.
- Book a COVID-19 test on the NHS testing website or by calling 119

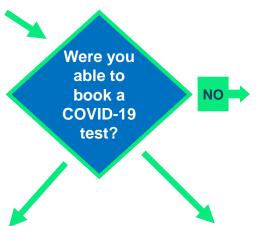
Keep your child off school and at home for at least 14 days. Other siblings can attend school.

YES

- Tell the education setting
- Make sure your child stays at home and follow the guidance for contacts.

After 14 days, if your child is well, they can return to school.

If during the 14 days your child develops COVID-19 symptoms, return to the START of this flowchart



- •Suspected case must stay at home for 10 days.
- All other household members (including siblings) must complete 14 days selfisolation.
- •Continue to try booking a test.

TEST NEGATIVE

TEST POSITIVE

If your child is well, they can return to school

- Household members (including siblings) can end isolation
- Inform the school if your child has tested negative

Your child tests or somebody in the

- Tell the education setting
- You will be given guidance on the steps to take

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