











Activity Sessions at Purley Oaks Children's Centre

Baby Massage Baby Yoga <i>Bookable course</i>	<p>Baby massage and Baby Yoga both offer wonderful opportunities for you to bond and learn how to communicate with your baby through nurturing touch in a relaxed and welcoming environment. Both Massage and Yoga are 5 week courses. Please book in advance by asking a member of staff.</p>	
Baby Groups <i>Drop-in groups</i>	<p>Fun activities for you and your baby. The sessions promote social skills and stimulation to support your baby's development. The sessions also share ideas to support learning at home. Monday's 'Baby and Me' is for families with a baby aged 0-6 months and Wednesday's 'Babbling Babes' is for families with a baby aged 6 months to walking.</p>	
Bookstart Corner <i>Bookable course</i>	<p>A fun and interactive 5 week course based on a Booktrust programme to support families to develop a love of stories, books and rhymes to help their children's early reading skills. Place are limited and must be booked in advance. The sessions also share ideas to support learning at home.</p>	
Chatterbox <i>Drop-in group</i>	<p>For children under 5 years of age. A structured language group providing support, advice and guidance for families who have concerns regarding their child's communications skills. Every Friday, 9.30am-11.00am. There are other Chatterbox sessions at other venues throughout the week, please ask staff for more details.</p>	
Child Health Clinic <i>Drop-in clinics</i>	<p>At Purley Hospital on a Tuesday morning and Purley Oaks Children's Centre on a Thursday morning. There are Child Health Clinics at other venues across the week, please ask staff for more details.</p>	
Comfort Corner <i>Drop-in support</i>	<p> Our Early Years Practitioners offer family support that aims to help families find solutions to problems or challenges before they start to take over family life. We work with you to build confidence and resilience.</p>	
Little Explorers <i>Drop-in group</i>	<p>Fun activities for you and your child to support social skills and physical play to support your child's development. Please be aware that we promote outdoor play including sand and water so please dress your child in appropriate clothing for the weather and remember to bring spare clothes. The sessions also share ideas to support learning at home.</p>	
Music Time <i>Drop-in group</i>	<p> Fun, lively and interactive music and rhyme time sessions with Jenny on a Tuesday morning. We offer two Music Time sessions per week; one group for children aged 0-1 year (or non-walkers) and a separate group for toddlers aged 1 - 3 years. We ask for a donation of 50p per child towards costs.</p>	
Daisy's Boot Camp <i>Bookable course</i>	<p>High energy exercise class for local mums. No crèche provided. Please contact us to book a place and remember to inform us if you have any ongoing health conditions. No crèche provided.</p>	
Story Time Stomp <i>Drop-in group</i>	<p> This is a great way to have fun with your child while you both learn new rhymes. We welcome all children from 0 to 5 years of age with their parents or carers. Term time only.</p>	
Terrific Twos <i>Drop-in group</i>	<p>Join us in activities designed for self-discovery, developing confidence in talking, self-help skills and a variety of sensory experiences. The sessions also give ideas for you and your terrific two year old to enjoy together at home. Advice and guidance given by experienced staff on a variety of topics in relation to child development. Term time only.</p>	



020 8325 4517
8.00am - 4.00pm



'Purley Oaks Children's Centre' and
'Best Start Croydon'



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