

North Croydon Children's Centres Best Start Planning Area One



Activities Programme

Child Development & School Readiness

Autumn/Winter 2019

Monday 2nd September to Friday 20th December 2019

Centre inset days

Tuesday 3rd September & Wednesday 4th September

No children's centres sessions



Welcome to North Croydon Best Start Planning Area One Children's Centres.



Children Centres and community venues in the Best Start Area One North Croydon

This programme includes details of activities that are held at our centres and at other venues in this area.

Please note that dates and times of sessions may be subject to change at short notice.

All sessions are free.

Each centre offers various activities and support services for families. Family Support and Early Help services have been redesigned and CC staff will be working to ensure that families continue to be able to access support and information on a whole range of issues including referrals for additional services, including parenting courses, programmes and support.



Make sure you check the venue and any booking details before setting out to avoid disappointment.

Turn to the back page for contact details and addresses and the location of all our centres.

Volunteering Opportunities

Through Croydon Best Start we run a comprehensive Volunteer and Best Start 'Buddy' programme so please speak to a member of staff if you are interested in joining or contact the Croydon Best Start team on croydonbeststart@croydon.gov.uk

The Parent Champions programme is based on the idea that parents are the best people to support other parents to find out about childcare and early years services. Parent Champions are parent volunteers who give a few hours a week to talk to other parents about the local services available to them. By sharing their own experiences of using a local service for their children, Parent Champions can build trust with other parents, ease any worries parents may have and encourage parents to make the best of the help available to them and their children. Parent Champions help parents find the jigsaw pieces they need to complete the picture.



We hope you enjoy your visits at our centres and
welcome your comments and feedback.

Thank you

www.croydon.gov.uk/community/childcare/childcentres/childrenscentres

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Monday

Venue	Dates	Times	Activity	Booking Details
Kensington Avenue	Weekly Starts 02/09	9.30-11.00 (time change)	Toddle Time 1-2 years	Drop-in 
Ecclesbourne	Weekly Starts 02/09	9.30-11.00 (time change)	Messy Monday 2-5 years	Drop-in  Please bring spare clothes as children will get messy.
Ecclesbourne	1st Monday of Each Month Starts 07/10	10.00 - 12.00	One to one employment advice clinic	30 minutes long one to one appointments
Winterbourne	Weekly Starts 09/09	9.30–4.00	Midwife Clinic	Booked appointments only 
Beulah Infant & Nursery	Term time only Starts 09/09	1.00-2.30	Stay & Play 0-5 years	Drop in 
Winterbourne	Weekly Starts 09/09	2.00-3.00	Well-being Clinic <i>where dedicated staff will be on hand to offer support and guidance in a welcoming & private environment on many different areas around parenting, child development and emotional wellbeing. For parents/carers with children under 5.</i>	Please contact the centre for further information on: 0208 689 0978 Please ask for Kelvena or Melody
Ecclesbourne	Term time only Starts 09/09	3.30-5.00	Late Stay & Play 0-5 years	Drop-in 
Winterbourne	Course Dates: Term Time Only Starts 14/10 - 16/12	9.30-11.30	Triple P <i>A strength-based, 8 week parenting programme to provide parents with a number of practical strategies and enhance their confidence in managing their children's behaviour.</i>	Wk1 14/10: no crèche Wk 2-5: 28/10-18/11 crèche Wk 6-8: 25/11-9/12 no crèche Wk 9: 16/12—crèche



Tuesday

Venue	Dates	Times	Activity	Booking Details
Kensington Ave	Term Time only Starts 10/09	9.30-11.30	Child Minders Drop-in 0-5 years	For all local registered child minders. Call Maureen on 07882111546 for more information.
Winterbourne	Weekly Starts 10/09	9.30-4.00	Midwife Clinic	Booked appointments 
Winterbourne	Weekly Starts 10/09	10.00-11.30	Developmental Play 0-5 years <i>For children with additional needs & challenging behaviour. Advice & support available</i>	Drop-in
Thornton Heath Library	Term Time only Starts 10/09	10.00-11.30	'Learning is Fun' 0-5 years <i>Rhyme time and arts & crafts</i>	Drop in 
Winterbourne	Weekly Starts 10/09	1.00-2.30	'Chatterbox' 0-4 years <i>Speech, language and social communication advice and support.</i>	Please arrive no later than 1:30pm 
Kensington Ave	Term time only Starts 10/09	3.30-5.00	Late Stay & Play 0-5 years	Drop-in 



Wednesday

Venue	Dates	Times	Activity	Booking Details
Ecclesbourne	Weekly Starts 11/09	9.30-11.00 (time change)	Toddle Time 1-2 years	Drop-in 
Thornton Heath Nursery	Term time only Starts 11/09	9.00-10.30	Stay & Play 0-5 years	Drop-in 
Ecclesbourne	Weekly Starts 11/09	1.00-2.30	Baby Play <i>Fun baby play from birth to pre-walkers</i>	Drop-in 
Kensington Ave	Weekly Starts 11/09	9.30-12.00	ASQ checks (1-2 years)	Booked appointments 
Winterbourne	Weekly Starts 11/09	12.30-4.00	ASQ checks (1-2 years)	Booked appointments 
Kensington Ave	Weekly Starts 13/11-11/12	10.00-11.30	Getting your child ready for nursery - A 5 week course/ series of workshops designed to support yourself and your child in preparation for nursery/school.	Pre-booked workshop please contact Kensington Ave Children's centre to book: 0208 765 8128
Winterbourne	Weekly Starts 25/09 - 17/10	1.00-2.30	Baby Massage A four week course for parents and babies (<i>up to 8 months</i>) The course aims to encourage and support bonding and attachment through nurturing touch.	A £10.00 deposit will be requested when you book. This will guarantee your place and be returned. If you attend all 4 weeks.



Thursday

Venue	Dates	Times	Activity	Booking Details
Kensington Ave	Weekly	9.00-4.00	Midwife Clinic 	Booked Appointments
Kensington Ave	Weekly Starts 05/09	1.00-2.30 (time change)	Let's get Creative 2-5 years	Drop-in 
Winterbourne	Weekly	9.30-4.00	Midwife Clinic 	Booked appointments
Winterbourne	Term time only Starts 12/09	3.30-5.00	Late Stay & Play 0-5 years	Drop in 
Kensington Ave	Weekly Starts 31/10 - 21/11	10.00-11.30	Baby Massage A four week course for parents and babies (<i>up to 8 months</i>) The course aims to encourage and support bonding and attachment through nurturing touch.	A £10.00 deposit will be requested when you book. This will guarantee your place and be returned. If you attend all 4 weeks.
Kensington Avenue	Weekly Starts 3/10—17/10	10.00-11.00 	Bookstart A three week course designed to support you on your child's reading journey from 2-5 years. Sharing books, stories, rhymes and creative activities with your child.	Pre-booked course. Please contact Kensington Ave children's centre to book on: 0208 765 8128
Winterbourne	Course Dates: Term Time Only 12/9– 19/12 14 sessions	9.30-2.30	Mellow Parents Parent group focusing on attachment and building healthy relationships for parents of children 0-3 years	Crèche available but must be booked in advance

Friday

Venue	Dates	Times	Activity	Booking Details
Kensington Ave	Weekly Starts 06/09	9.30-11.30	Parent & Baby Chill n Chat. <i>Refreshments available for parents as well as baby play, advice & support.</i>	Drop in 
Kensington Ave	Weekly Starts 06/09	9.30-11.00	Health Clinic. <i>Meet your health visitor for baby weighing or personal chat with health carer</i>	Drop-in. Don't forget your red book 
Winterbourne	Weekly Starts 06/09	9.30-11.00 (time change)	Toddle Time 1-2 years	Drop in 
St Oswald's Church	Term time only Starts 13/09	9.30-11.00	Stay & Play Coffee morning 0-5 years	Drop in 
Winterbourne	Weekly Starts 06/09	1.00-2.30 (time change)	'Fun Time Friday' 2-5 years	Drop in 
Kensington Ave	Weekly Starts 06/09	1.00-2.30	'Chatterbox' 0-4 years <i>Speech, language and social communication advice and support.</i>	Please arrive no later than 1:30pm 
Winterbourne	Weekly	9.30-2.30	ASQ checks (1-2 years)	Pre booked appointments



Contact & Visiting

Bus routes & bus stops



Kensington Avenue

access via Hawthorn Avenue,
CR7 8BW

Tel: 020 8765 8128

www.kensingtonavenueprimary.co.uk

Bus: 250

Stop: Kensington Ave

Ecclesbourne

Attlee Close, CR7 7FA

Tel: 020 8683 7760

www.pegasusacademytrust.org

Bus: 450

Stop: Lakehall Rd & Quadrant Rd

Winterbourne

Winterbourne Road,
CR7 7QT

Tel: 020 8689 0978

www.winterbournenurseryandinfants.co.uk

Bus: 60, 109

Stop: Heathview Rd & Langdale Rd

Beulah Infants & Nursey School

Furze Road Thornton Heath CR7 8NJ

Bus: 250, 450

Stop: Parchmore Methodist Church

St Oswald's Church

Green Lane, SW16 3SB

Bus: 250

Stop: Kensington Ave

Thornton Heath Nursery

51 Pridham Rd, CR7 8RS

Bus: 50, 198, 250

Stop: High St/Whitehorse Rd

Rainbow Health Clinic

141 Brigstock Road, CR7 7JE

Bus: 198, 250

Stop: Whitehorse Manor Brigstock Site

Thornton Heath Library

190 Brigstock Road, CR7 7JB

Bus: 198, 250

Stop: Quadrant Rd

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