

SPRING TERM CALENDAR

JANUARY – MARCH

MONTH	THINGS TO DO	KEY DATES
JANUARY	<ul style="list-style-type: none">• Hold your first meeting of the year• Update your School Travel Plan on the STARS website	
FEBRUARY	<ul style="list-style-type: none">• Run the road safety assembly	
MARCH	<ul style="list-style-type: none">• Run an active travel activity• JTA promotion – competitions, posters, leaflets	<p>Remember! Clocks go forward by one hour – the evenings will stay lighter for longer</p>

If this is your first assembly as a JTA you should introduce who you are and remind the school what a JTA is.

- Tell the school that the assembly today is about Road Safety and you want to remind everyone how to cross the road safely by using safer places to cross
- Ask the school if anyone can name any of the safer types of crossing. Use the list below to tick off as they're called out
 - Zebra Crossing - Toucan Crossing - Traffic Island
 - Pelican Crossing - Footbridge - Traffic Lights
 - Puffin Crossing - Subway
- Read the remaining crossing types out in the assembly if the school haven't mentioned these
- At the end of your assembly, explain that everyone should use these crossing points wherever/whenever possible instead of crossing between parked cars or from behind a bus

Look at pages 34-41 of the Extra Info section for more information on the different crossing types

CROSSING BETWEEN PARKED CARS

You should always try to choose a safer place to cross the road away from parked cars, but this might not always be possible. If you do have to cross between parked cars, you should :

- Be very careful. Make sure there are no drivers in the cars you are going to walk between so the cars won't move. You should also check there are no drivers in the cars you will be crossing between on the opposite side of the road too.
- Drivers may not be able to see you when crossing between parked cars, so carefully walk out between the cars and **stop** at the edge of the car.
- Use the edge of the car like the kerb and remember to **Stop, Look, Listen and Think** before you cross the road.



Start your assembly by introducing yourself

Explain that the assembly is about helping the school understand the benefits of walking and why driving to school may not always be the best option.

Ask the school: *How did you travel to school today?*

1. *'Stand up if you walked.'*

Count the number of people standing then ask them to sit down. Repeat this for the following modes :
Cycling, Scooting, Bus, Train/Tube, Car

If anyone came by car, ask :

Can anyone tell me what disadvantages there may be to driving to school?

Here are some of the answers you may get :

- Air pollution
- Congestion
- Parking
- Health
- Collisions
- You feel tired throughout the day

Ask the school :

What advantages are there when walking to school ?

Can anyone tell me why walking is a good way to travel to and from school?

Here are some answers you might get :

- Exercise
- Energises you for the day
- Makes you feel happy
- It's healthy
- Lots to see
- Walk with friends and family

Now play the  'Sustainable Sam' game

'SUSTAINABLE SAM' GAME

The 'Sustainable Sam' game is based on the game 'Simon Says' and follows the same rules

- Ensure the group have heard of 'Simon Says' and are aware of the rules
- Read the following statements and mime the action along with the group

1. Sustainable Sam says - walk to school

2. Sustainable Sam says - cross the road safely: don't forget to stop, look, listen, think

3. Sustainable Sam says - jump on your scooter and scoot to school

4. Sam says - put on your roller blades and skate to school

Now ask all the people that got off their scooter to sit down –
WE NEVER SAID 'SUSTAINABLE SAM SAYS'
CARRY ON WITH THE GAME

5. Sustainable Sam says - ride your bike

7. Sustainable Sam says - get in the car

6. Sustainable Sam says - ride your bike as fast as you can

Now ask all the people that got in their car to sit down –
**SUSTAINABLE SAM WOULD NEVER ASK ANYONE TO GET
IN THEIR CAR!**

*** END OF THE GAME ***

CARRYING OUT A SURVEY

One of the main parts of your school travel plan is a hands-up survey. These surveys ask how pupils and staff usually travel to school and how they would prefer to travel.

Ask your School Travel Plan Champion when you are supposed to do this. All you need to do is go round to every class and complete the template on the next page. When this has been done simply hand it to your School Travel Plan Champion, to add up the results and put on the STARS website tfl.gov.uk/stars

You could also set up a competition with classes competing to see which class has the most students walking to school. Speak to your School Travel Plan Champion to see if you can get a trophy to give to the winning class.



Hands-up Survey

This is an example of how you can record the results of your hands up surveys. Don't forget to check with your School Travel Plan Champion about the best way to do this in your school.

HOW DO STUDENTS AND STAFF TRAVEL TO SCHOOL :

Class: _____	Usual travel mode		Preferred travel mode	
	STAFF	STUDENTS	STAFF	STUDENTS
CAR				
CAR SHARE				
WALK				
BICYCLE				
SCOOTER				
PARK & STRIDE / PARK & WALK				
BUS				
RAIL (including Underground DLR & Tram)				
OTHER				
GRAND TOTAL				

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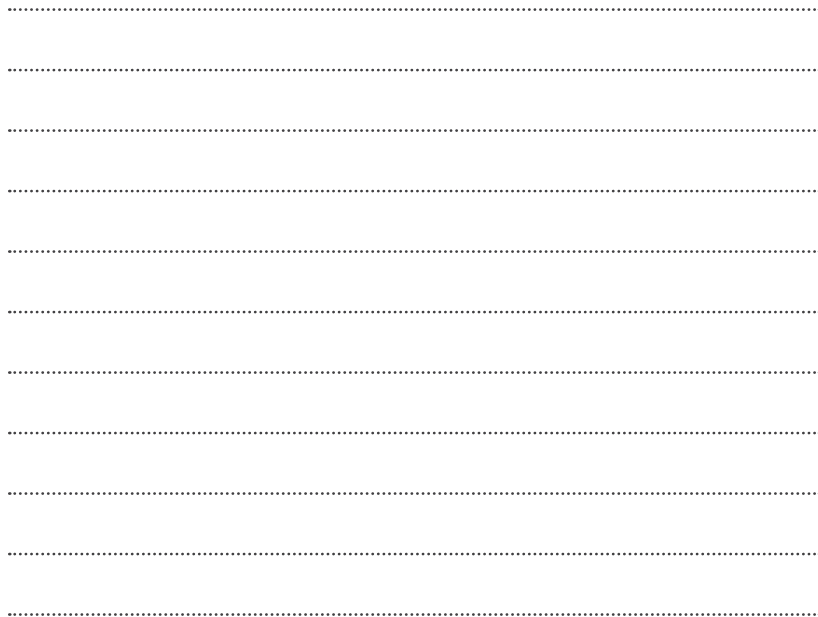
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