

CROYDON WAYFINDER WALKS FAMILY DAY 10.8.19

10.30am-1.30pm

Lloyd Park, Croydon, CR0 5BT
(Lloyd Park Tram Stop)



2.5
Miles

5
Miles

8
Miles

Join us to celebrate three new waymarked walking routes that start and finish at the Park Life Café, Lloyd Park, Croydon.

These lovely new walks follow routes in Lloyd Park, Littleheath Woods, Addington Hills and Croham Hurst.

Suitable for walking and running: dogs are welcome too!

Walk it yourself

Feel free to pick up directions from the Park Life Café at Lloyd Park and/or follow the waymarker posts for a self-guided walk or run.

Enjoy a guided walk or run

Striders of Croydon will lead guided runs and walks (see right)

- Meet at the Park Life Café entrance for a prompt start
- The pace will be gentle: everyone is welcome.
- Your leader will loop back to make sure everyone keeps together.
- Please bring your own water and snacks!!

Also at Lloyd Park

Ice Cream . Cake Stall . Tea/Coffee . Café Snacks . Toilets
Plenty of space for a picnic in the park

Yellow route (2.5 miles)

11.00 am Guided Run – approx 20-35 mins
11.20 am Guided Walk – approx 60 mins

Green route (5 miles)

10.45 am Guided Run – approx 60-70 mins
11.10 am Guided Walk – approx 2-2.5 hours

Red route (8 miles)

10.45 am Guided Run – approx 1.5-2 hours