

# AERODROME CHILDREN'S CENTRE

## COURSES AUTUMN 2019

### BOOKSTART - Booking only

Bookstart is a programme designed to support 2 to 4 year olds and their families experience the joy of reading together.

**COURSE 1: Thursdays, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> September**

**COURSE 2: Thursdays, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup> November**

Time: 10am to 11am

The programme runs for 3 weeks. Each week the children will share a different story with their grown up and have access to many arts, crafts and activities based on the theme of our stories.

Bookstart is a highly recommended *free* course which will support your child's early learning, language development and build their confidence around reading and listening to stories.

**\*\*You & your child must be able to attend all 3 sessions - Sorry no siblings\*\***

### BABY MASSAGE - Booking only

A four-week course for parents and babies from 8-weeks old to non-crawling. The course aims to encourage and support bonding and attachment through nurturing touch.

**COURSE 1: Thursdays, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> September & 3<sup>rd</sup> October**

**COURSE 2: Thursdays, 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup> November**

Time: 1pm to 2pm.

Please note we require a £ 10 cash deposit at the time of booking in order to secure your place. This deposit is refunded to you upon full completion of the course.

## **BEING A PARENT COURSE - Booking only**

This 8-week course helps parents learn practical communication skills for everyday life and bring up confident, happy and co-operative children.

**Introduction Session: Friday, 27<sup>th</sup> September**

**Course Starts: Friday, 4<sup>th</sup> October**

**Course Ends: Friday, 29<sup>th</sup> November**

**Time: 12.30pm to 2.30pm.**

**(No session on Friday, 25<sup>th</sup> October due to Half Term)**

This is a free course for Mums, Dads and carers of children aged 2-4 years. A limited crèche is available for babies and children aged up to 4 years.

## **GETTING YOUR CHILD READY FOR NURSERY WORKSHOP FOR 2 & 3 YEAR OLDS -Booking only**

Is your Child due to start Nursery/Pre-School from January 2020? Starting Nursery/Pre-School is a big milestone so why not join us for this 5-week workshop where we will offer support, guidance and tips on getting your child ready for nursery/pre-school. This is a fun structured play session for you and your child with a different topic being covered each week – including routines, behaviour, reading with your child, toilet training, speech & communication and healthy eating.

Handouts will be available each week for these topics.

**The course will take place on Mondays, 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> November and 2nd December**

**Time: 9.30am to 11am**

**\*\*You & your child must be able to attend all 5 sessions - Sorry no siblings\*\***

**TO BOOK YOUR PLACE PLEASE EITHER SPEAK TO A MEMBER OF THE AERODROME CHILDREN'S CENTRE TEAM OR CALL US ON 0208 688 7710**