

Sept 2025

LIST OF BODIES OF HEALTH PRACTITIONERS GRANTED EXEMPTION BY THE LONDON SPECIAL TREATMENTS GROUP

(EXEMPT UNDER SECTION 4 OF THE LONDON LOCAL AUTHORITIES ACT 1991)

Under Section 4c of the 1991 Act anyone who is registered with the Health and Care Professionals Council does not require a licence. This includes Physiotherapists and Chiropodists. In addition Chiropractors and Osteopaths are specifically exempted under the Act.

	Name and Address	Exempt treatments	Telephone Fax	Email Web
1.	Anglo Chinese Medicine Doctor Society (ACMDS) 143 Streatham High Road London SW16 6EG	Acupuncture * Massage	T. 020 8643 4222 F. 020 8643 8885	acmdsuk@gmail.com www.acmds.org
2.	Association of Naturopathic Practitioners (ANP) Coombe Hurst Coombe Hill Road East Grinstead RH19 4LZ	FULL MEMBERS EXEMPT ONLY Acupuncture * Holistic Massage (Naturopathy)	020 3319 9315	info@naturopathy-anp.com www.naturopathy-anp.com

	Name and Address	Exempt treatments	Telephone Fax	Email Web
3.	Association of Reflexologists <i>(includes the International Institute of Reflexology)</i> Victoria House Victoria Street Taunton Somerset TA1 3FA	STUDENT & FRIEND MEMBERS NOT EXEMPT Acupressure * Acupuncture * Aromatherapy * Ayurveda * Body Massage * Bowen Technique * Champissage * Chiropody * EFT * Holistic Massage * Hopi Ear Candles *Indian Head Massage * Manual Lymphatic Drainage * Metamorphic Technique * No Hands Massage * Polarity Therapy * Qi Gong * Reflexology * Remedial Massage * Rolfing * Shiatsu * Sports Massage * Stone Therapy * Therapeutic Massage * Tui Na	01823 364 952	info@aor.org.uk tsmith@aor.org.uk www.aor.org.uk
4.	Ayurvedic Practitioners Association (APA) 23 Green Ridge Brighton East Sussex BN1 5LT	Ayurvedic Massage * Ayurvedic Medicine	01273 500492	info@apa.uk.com www.apa.uk.com
5.	BASRaT – British Association of Sport Rehabilitator's and Trainers Angela Cumine c/o St Marys University College Strawberry Hill Twickenham YW1 4SX	Sports Massage	020 8240 4184	cuminea@smuc.ac.uk secretary@basrat.org www.basrat.org

	Name and Address	Exempt treatments	Telephone Fax	Email Web
6.	Bowen Association UK PO Box 210 1DD Boston Lincs PE21 1DD	ONLY FULL MEMBERS EXEMPT Bowen Therapy * Bowen Technique	01205 319 100	office@bowen-technique.co.uk bowenassociationuk@gmail.co.uk www.bowen-technique.co.uk www.bowenassociation.co.uk
7.	British Acupuncture & Holistic Medicine Association 1 Bedford Mews, East Finchley, London, N2 9DF	ONLY FULL MEMBERS EXEMPT *Acupuncture* Acupressure* Moxibustion* Auricular Acupuncture* Electro acupuncture* Reflexology*	020 8883 4550	info@bahma.org www.bahma.org
8.	British Complementary Medicine Association PO Box 5122 Bournemouth Dorset BH8 OWG	Acupuncture * Polarity Therapy * Indian Head Massage * Manual Lymphatic Drainage * Aromatherapy	01293 851760	chair@bcma.co.uk www.bcma.co.uk
9.	British Medical Acupuncture Society 60 Great Ormond St London WC1N 3HR	Acupuncture	020 7713 9437	bmaslondon@aol.com www.medial-acupunture.co.uk

10.	British Reflexology Association Monks Orchard Whitbourne Worcester WR6 5RB	ORDINARY MEMBERS ONLY Reflexology	01886 821207	bra@britreflex.co.uk www.britreflex.co.uk
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	Name and Address	Exempt treatments	Telephone Fax	Email Web
11.	British Register of Complementary Practitioners. PO Box 122 Wellington Somerset TA21 1BX	Acupuncture * Acupressure *Ayurvedic medicine* Aromatherapy * Bowen Technique * M L Drainage * Remedial, Sports, Holistic and Indian Head Massage * Reflexology * Shiatsu * Tui Na * Qi Gong	0300 302 0715	www.BRCP.uk office@brcp.uk
12.	Chinese Medical Institute & Register 101-105 Camden High Street London NW1 7JN	ASSOCIATE & STUDENT MEMBERS NOT EXEMPT Acupuncture * Tui- Na * Moxibustion *	020 7874 1801	info@cmir.org.uk www.cmir.org.uk

13.	Complementary & Natural Healthcare Council PO Box 428 Bristol BS9 0FB	Aromatherapy * Bowen Technique * Reflexology * Shiatsu * Massage therapy (including sports massage)* Microsystems Acupuncture	020 3327 2720	info@cnhc.org.uk www.cnhc.org.uk
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14.	Complementary Health Professionals Kemp House City Road London Borough of Enfield EC1V 2NX	FULL MEMBERS EXEMPT ONLY Aromatherapy * Sports Massage* Therapeutic Massage * Indian Head Massage * Remedial Massage * Tui-Na * Neuroskelital Realignment Therapy * Manual Lymphatic Drainage * Bowen Therapy * Shiatsu * Reflexology * Reiki * Hopi Ear Candle * Metamorphic Technique	0333 577 3340	enquiries@complementaryhealthprofessionals.co.uk www.complementaryhealthprofessionals.co.uk
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	Name and Address	Exempt treatments	Telephone Fax	Email Web
15.	Complementary Medical Association Three Corners 49 Albany Road St Leonards on Sea East Sussex TN38 0LJ	Acupressure * Aromatherapy * Ayurvedia * Colour Therapy * Qi Gong * Reflexology * Shiatsu * Indian Head Massage	01424 423505	jayney@the-cma.org.uk www.the-cma.org.uk
16.	Complementary Therapists Association (CThA) 2 nd Floor Chiswick Gate 598-608 Chiswick High Road London W4 5RT	Aromatherapy * Acupuncture * Bowen Therapy * Reflexology * Shiatsu * Alexander Technique * Reiki and other healing techniques * Sports therapeutic & holistic massage	T. 0845 202 2941 F. 0844 770 898	info@ctha.com www.ctha.com

17.	Federation of Holistic Therapists 18 Shakespeare Business Centre Hathaway Close Eastleigh Hampshire SO50 9XG	Acupressure * Aromatherapy * Bowen Therapy * ML Drainage * Advanced MLD * Reflexology * Shiatsu * Sports & Remedial massage * Indian head massage * Moxibustion * Foot massage * Qi Gong * Tui Na * Auricular Acupuncture * Colour Therapy * EFT * Metamorphic Technique * Polarity Therapy * Stone Therapy	0870 420 2022	info@fht.org.uk www.fht.org.uk
18.	Federation of Traditional Chinese Medicine Practitioners (FTCMP) PO Box 51189 London SE13 9DE	Exemption applies only to Members registered as Doctors Acupuncture * Acupressure * Tui Na	020 8770 0018 07917 715707	ftcmpuk@gmail.com www.ftcmp.co.uk

	Name and Address	Exempt treatments	Telephone Fax	Email Web
19.	Guild of Holistic Therapists 320 Burton Rd Derby DE23 6AF	Acupressure * Aromatherapy * Bowen Technique * Champissage (Indian Head Massage) * Colour Therapy * Infrared * Manual Lymphatic Drainage * Metamorphic Technique * Reflexology * Reiki * Shiatsu * Sports Massage * Stone Therapy * Thermo –Auricular Therapy * Tui Na	0845 2177381	paul.archer@beautyguild.com www.beautyguild.com

20.	Institute of Osteopathy Acupuncture Group Institute of Osteopathy 3 Park Terrace, Manor Road Luton LU1 3HN	Acupuncture and Dry Needling in conjunction with Osteopathy	01582 488455	enquiries@osteopathy.org www.iosteopathy.org
21.	Institute of Sports & Remedial Massage (ISRM) 28 Station Parade London Borough of Enfield	Sports & Remedial Massage * Soft Tissue Therapy	020 8452 8855	mel@theisrm.com www.theisrm.com
22.	Institute of Trichologists 24 Longroyd Road London SW17 7PL	Trichology * Head Massage	08706 070602	admin@trichologists.org.uk www.trichologists.org.uk

	Name and Address	Exempt treatments	Telephone Fax	Email Web
23.	International Federation of Aromatherapists 146 South Ealing Road London W5 4QJ	EXEMPTION APPLIES ONLY TO FULL & ASSOCIATE MEMBERS Aromatherapy * Massage in association with Aromatherapy only.	T. 020 8567 2243 F. 020 840 9288	office@ifaroma.org www.ifaroma.org
24.	International Federation of Reflexologists 8-9 Talbot Court London EC3V 0BP	FULL MEMBERS EXEMPT ONLY Reflexology	T. 0870 879 3562 F. 0870 879 3298	info@intfedreflexologists.org www.intfedreflexologists.org
25.	Manual Lymphatic Drainage UK Ltd The Annexe at Pound Farm Church Lane Rudford Gloucester GL2 8DT	ASSOCIATE & FULL MEMBERS ONLY Manual Lymphatic Drainage	0844 800 1988	admin@mlduk.org.uk www.mlduk.org.uk
26.	Massage Training Institute Exams Administrator PO Box 368 Hitchin Hertfordshire SG5 9DT	Holistic Massage * Sports & Remedial Massage * Indian Head Massage	01462 458 225	mti@massagetraining.co.uk www.massagetraining.co.uk
27.	Shiatsu Society UK PO Box 4580 Rugby Warwickshire CV21 9EL	Shiatsu, includes those that have completed approved 1 year course	0845 130 4560	office@shiatusociety.org www.shiatusociety.org

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28.	Sports Massage Association 86 Nelson Road London SW19 IHX	Sports Massage	0870 0052678	info@thesma.org www.thesma.org
29.	The Acupuncture Association of Chartered Physiotherapists Sefton House Adam Court, Newark Road Peterborough PE1 5PP	Acupuncture * Physiotherapy * Acupressure * Moxibustion * Auricular Acupuncture	01733 390007	sec@acp.org.uk www.aacp.org.uk
30.	The Acupuncture Society 27, Cavendish Drive Edgware HA8 7NR	Acupuncture * Acupressure * Chinese massage * Tui na * Korean Hand massage * Qi Gong * Moxibustion * Auricular Acupuncture * Electro Acupuncture	T. 07734 668402	acusoc@yahoo.co.uk www.acupuncturesociety.org.uk
31.	The Bowen Therapists Professional Association PO Box 2920 Stratford Upon Avon CV37 9ZL	Bowen Therapy	084456 17173	info@bowentherapy.co.uk ask@bowentherapy.org.uk www.bowentherapy.org.uk
32.	The British Acupuncture Council 63 Jeddo Road London W12 9HQ	FULL & PROVISIONAL MEMBERS ONLY Acupuncture * Moxibustion * Acupressure * Tui Na * Auricular Acupuncture * Electro Acupuncture * Thermal (infa-red)	T. 020 8735 1206 F. 020 8735 0404	Teresa@acupuncture.org.uk www.acupuncture.org.uk

	Name and Address	Exempt treatments	Telephone Fax	Email Web
33.	The British Association of Accredited Ayurvedic Practitioners (BAAAP) 5 Blenheim Road North Harrow Middlesex HA2 7AQ	STUDENT MEMBERS NOT EXEMPT Ayurvedic Medicine * Ayurvedic Therapies * Indian head * Remedial massage	020 8429 0635	info@britayur-practioners.com www.britayur-practitioners.com
34.	The Register of Chinese Herbal Medicine Office 3 47 St Giles Street Norwich NR2 1JR	Acupuncture * Electro acupuncture * Auricular acupuncture * Acupressure * Moxibustion * Tui-Na * Shiatsu * Sports & Remedial Massage * Swedish Massage (Swedish massage not to be carried out alone but part of larger treatment plan)	01603 927420	herbmed@rchm.co.uk www.rchm.co.uk
35	ThinkTree Hub Ltd 27 Old Gloucester Street London WC1N 3AX	Full members only Acupressure* Acupuncture*Aromatherapy *Ayurveda*Bowen therapy*Holistic massage*Massage*Swedish massage*(Swedish massage not to be carried out alone but part of larger treatment plan)*Sports massage*Manual lymphatic Drainage*Moxibustion* Reflexology*Shiatsu*	(+44) 0330 229 0721	www.thinktreehub.com admin@thinktreehub.com

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36.	Simply Treatments 90 Caledonian Road London N1 9DN	Full members only FVM ACU and FVM MAS Acupressure* Auricular Acupuncture* microsystems acupuncture * Dao Yin Massage * Deep Tissue Massage * Sports Massage * Tui Na * Pregnancy Massage * Reflexology * Lymphatic Drainage	0207 837 8316	www.simply-treatments.com season29@hotmail.com
37.	Chinese Acupuncture and Herbal Medicine Alliance (CAMHA) 70 Springfield Drive Ilford IG2 6QS	Full members and Tuina massage members • Acupuncture • Tui Na	07515 695369	cahma.co.uk/ Cahmn15@gmail.com

38.	Association of Acupuncture Clinicians Ltd 12B Kennerley's Lane Wilmslow SK9 5EQ	Full members • Acupressure • Acupuncture • Auricular Acupuncture • Korean Hand Therapy • Moxibustion • Tui-Na Massage	07766 370914	www.aac-org.uk admin@aac-org.uk
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