

About our Sessions...

Watch Me Grow Under 1

Messy & sensory activities for babies. Supporting children to understand how their actions affect what's around them, brain development, memory, complex tasks & problem solving. Includes access to sensory room.

Baby Fun for Under 1 (Non walkers)

Make memories with age appropriate activities along with singing, instruments and nursery rhymes, Nappy painting and Hand & Foot prints.

Musical Bumps 6 months - 2 years

Join us for musical fun and games, learn lots of new songs, play with puppets, dance and musical learning for babies and toddlers with their parents and carers.

Now I'm Two 2-4 years

A structured Stay & Play in preparation for nursery/School readiness.

Book Start Activities 2+ years

Fun activities including reading, singing and crafting. Supports shared reading and the love of books with your little ones.

Messy Play 0-4 years

Children develop curiosity, initiative, focus and persistence. Build fine and gross motor skills, supporting cause and effect, number sense, and other important cognitive skills. (Please bring a change of clothes).

Jumping Beans 0-4 years

A physical play session to encourage movement, balance and coordination. This type of play builds gross and fine motor skills and supports development of fitness skills and enjoyment of physical activity.

Chatterbox 4 years and under

Targeted groups to promote, support and encourage your child's speech, language and communication development.

Rocking Rhymes 0-5 years

A music focussed session supports memory, learning sounds and meanings of words. Dancing to music helps children build motor skills while allowing them to practice self-expression.

Stay & Play 0-5 years

A play and learn session with interactive fun where children and parents/carers can socialise and children can learn through play.

You're Never Alone (Adults only)

An informal support group for parents/carers who have children with special needs.

Breastfeeding Buddies (Breastfeeding Support)

A friendly and supportive breastfeeding group run by trained peer support volunteers.

Infant Feeding Team Clinic (Drop In)

Friendly 121 breastfeeding support run by Midwife Team

Sexual Health Support (Drop In)

Relationship and sexual health info, advice and guidance.

(Every 2nd Monday of each month)

Family Hub Navigators (Drop In or book 0208 916 0543)

Every Friday 10am - 2pm at Woodlands Family Hub

Find out more information about the family hub offer, signposting for all services and activities for children 0-19 (25 SEND) or how to access extra support.

Parent's Wellbeing (Drop In or book Elena 07849 733952)

Support for parents, partners and carers from pregnancy up until the child is 2 years old, for your wellbeing and current needs.

Citizens Advice Croydon

To help you find a way forward, whatever the problem.
(Every 1st & 3rd Tuesday of each month)

(B) Bookable Services...

Please call Woodlands Family Hub to Book
0208 916 0543

Baby Yoga 6+ months (B)

A 4-week course. A style of yoga that encourages bonding between babies and their parents. Non mobile babies.

Baby Massage Under 6 months (B)

A 4/5-week course. A touching communication that enhances bonding & trust between parent and baby. Improving sense of wellbeing, increasing confidence in recognising baby's needs, improved positive interaction with baby, improved sleep for baby.

Babbling Babies 0-6 months (B)

A 4/5/week course Interactive group to promote baby learning experiences with crafts and other activities.

Rhyme & Sign for Baby & Me 4 months - 1 year (B)

A 5 week fun interactive singing and signing course to promote early communication.

Cooking Cubs 2+ years (B)

A fun 5 week cooking course with parent/carer. Please specify any allergies or dietary requirements when booking.

Child Development Checks (By appointment Only)

2 year and 3 year old development checks carried out by the Health Visitor Team. Health Visitor Booking Line 0208 274 6442

BCG Clinic -NHS Team (By appointment only)

Midwife Clinic (Drop In) (By appointment only)

Additional Family Hub Services:

- DWP—Family Communication Work Coach - Benefits and employment support (Job searching, Interview prep and CV support.
 - Croydon Healthy Homes - Energy advice and support.
- Early Help Keyworker - Intensive support advice for families.
- Sexual health Support - Relationship and Sexual Health Info, advice and guidance.
- Citizens Advice Croydon — Housing, Debt & Money etc.

To find out details of these services -

[Familyhubscroydon](#) | [Instagram](#), [Facebook](#) | [Linktree](#)



CROYDON
www.croydon.gov.uk



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Woodlands Family Hub & South Children's Centres

Tuesday 22nd April -
Friday 18th July 2025

Monday 5th & 26th May Closed Bank Holiday



We look forward to welcoming you to our centres. Our sessions are for families with children ages 0-5. Sessions can become very busy therefore please try to arrive on time to avoid any disappointment.

Site Addresses

Woodlands Family Hub:

Quest Primary School
Farnborough Ave
South Croydon
CR2 8HD

Byron:

Oasis Academy Byron
St. David's
Coulsdon
Surrey, CR5 2XE

Fairchildes:

Fairchildes Academy
Community Trust
Fairchildes Avenue
New Addington
Croydon, CR0 0AH
[Access via Main School Reception]

Purley Oaks:

Purley Oaks Primary School
Bynes Road,
South Croydon
CR2 0PR
[Access via Gate 5]

For all enquiries call:
Woodlands Family Hub & South Children's Centres
Telephone: 0208 916 0543
Email: southchildrenscentres@croydon.gov.uk
Facebook: [Croydonbeststart](#)

Family Support

Julie is our Family Support Worker and is here to offer emotional and practical support to parents and their families, in their own homes and in the community.

If you would like support please contact:

Julie— 07356 100837 Mon, Tues & Thurs 9.30 - 4pm
Wed & Fri 8.30 - 12pm

Woodlands Family Hub Children's Centres Timetable ~ Tuesday 22nd April - Friday 18th July 2025



CROYDON
www.croydon.gov.uk

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9.15am - 10.45am Now I'm Two</p> <p>11.00am - 11.30am Bookstart Activities</p> <p>9.30am -10.30am Musical Bumps</p> <p>9.30am - 12.30pm Child Development Checks (By appointment)</p> <p>9.45am - 3.15pm BCG Clinic (NHS Team) (By appointment)</p> <p>1.00pm - 2.30pm Watch Me Grow (Under1's)</p> <p>1.00pm - 2.30pm Cooking Cubs B 5 Week Course (28/4/25-9/6/25 Course 1) (16/6/25-14/7/25 Course 2)</p>	<p>9.15am - 11.00am Stay & Play</p> <p>9.30am - 11.30am You're Never Alone</p> <p>9.45am - 11.30am Messy Play (New Session for Woodlands)</p> <p>10.00am - 2.00pm Citizens Advice Croydon B (1st and 3rd Tuesday of each month- 6th & 20th May, 3rd & 17th June, 1st & 15th July)</p> <p>10.30am - 12.30pm Parent's Wellbeing (Drop In or book)</p> <p>1.00pm - 2.00pm Triple P Baby (Starts 22/4/25-Pre-Booked course)</p> <p>1.00pm - 2.30pm Chatterbox (Speech, Language and Communication Support)</p> <p>1.30pm- 2.30pm Baby Massage B Bookable 5 Week Course (29/4/25-3/6/25 Course 1) (10/6/25-8/7/25 Course 2)</p>	<p>9.15am - 11.00am Rocking Rhymes</p> <p>9.30am - 4.00pm Midwife Clinic (By appointment)</p> <p>9.30am - 11.30am SCD Course/Creche (Starts 30/4/25 - 25/6/25) (Invite Only)</p> <p>12.30pm - 2.30pm SCD Course/Creche (Starts 30/4/25 - 25/6/25) (Invite Only)</p> <p>1.00pm - 2.00pm Baby Yoga 6+months B 4 Week Course (30/4/25-21/5/25 Course)</p>	<p>9.30am - 12.00pm Perinatal Breastfeeding Support (24/4/25 SLAM - Invite Only)</p> <p>9.00am - 4.00pm Child Development Checks (By appointment)</p> <p>9.15am - 11.00am Stay & Play</p> <p>10.00am- 11.00am Baby Massage B 5 Week Course (1/5/25-5/6/25 Course 1) (12/6/25-10/7/25 Course 2)</p> <p>1.00pm - 2.30pm Chatterbox (Speech, Language and Communication Support)</p> <p>1.00pm - 2.00pm Rhyme & Sign B Bookable 5 Week Course (1/5/25-5/6/25 Course 1) (12/6/25-10/7/25 Course 2)</p>	<p>10.00am - 11.15am Baby Fun for Under 1</p> <p>10.00am - 11.30am Infant Feeding Drop In's (NHS Team)</p> <p>10.00am - 2.00pm FH Navigators (Drop In)</p> <p>9.30am - 3.30pm DWP Drop In - Family Communication Work Coach (Fortnightly-start 16th May)</p> <p>1.00pm - 2.30pm Stay & Play</p>

FAIRCHILDES

[New location is in Fairchildes Academy School] - Please go to the school reception office to sign in.

Monday

10.00am - 11.00am Jumping Beans

Thursday

1.30pm - 2.45pm Homestart Stay & Play (0-4yrs)

BYRON

Wednesday

9.45am - 11.15am Chatterbox (Speech, Language and Communication Support)

Midwife Clinic B
(By appointment)

Friday

9.30am - 11.00am Stay & Play

10.00am - 11.30am Breastfeeding Buddies

PURLEY OAKS

Wednesday

1.00pm - 2.30pm Stay & Play with Storytime

Friday

12.45pm - 1.45pm Baby Massage B
5 Week Course (9/5/25-13/6/25 Course 1)
4 Week Course (20/6/25-11/7/25 Course 2)

2.30pm - 4.00pm Babbling Babies B
4 Week Course (16/5/25-13/6/25 Course 1)
4 Week Course (20/6/25-11/7/25 Course 2)

Contact Us to Book - 0208 9160543

B Requires Booking

Important Dates Important Dates Important Dates

Dates for your diary

WE ARE CLOSED ~ Bank Holidays:
Monday 21st April, Monday 5th & 26th May 2025.

Half-Term Week: 26th-30th May 2025 ~
Separate timetable to follow.

BYRON CHILDREN'S CENTRE:
From 23rd May Children's Centre services will no longer be running at Byron, until further notice. Other services affected - Midwife Clinic, Breastfeeding Buddies, Chatterbox - (Speech & Language).

We apologise to all our families. We will keep you updated!

Please note that our programme maybe subject to change at any time.