

Research by Which? shows that the festive foods people most often buy too much of are cheese, biscuits, chocolate, alcohol and vegetables. The tips and tricks below will help you get the most out of your Christmas food shop.

IT'S ALL IN THE PLANNING

The trick is to plan ahead. Write down how many meals you will need for how many people over the festive period. Remember to check your cupboards and fridge-freezer to see if there's anything you've already got that you can work into your meal plan. Don't forget to factor in leftovers (such as turkey) and plan for foods you can serve them with, like jacket potatoes.

ECEMBER

Next, write a shopping list, to ensure you only buy what you need. Be strict - don't allow yourself to be tempted by in-store offers and enticing displays. If you've got friends or family coming round, then share the shopping. Be specific about what you would like them to bring so you don't end up with too much of one thing and not enough of another.

Finally, remember that when it comes to avoiding festive food waste, quality is more important than quantity. For example, a couple of quality individual cheeses may well be more enjoyable and cheaper than a preassembled cheese board.

LOVE YOUR LEFTOVERS

The period between Christmas and New Year is when you can get creative with those leftovers:

Cold turkey is delicious served

with chutney in a sandwich

potato. You can add it

to a **curry** or turn it into a

warming winter soup.

Leftover turkey can be stored in

the fridge for up to two days. If

you've got more than two-days

worth, freeze the excess turkey

and defrost either in the fridge

or using the microwave on the

defrost setting directly before

only re-heat once.

re-heating. The golden rule is to

or popped on top of a jacket

Turkey

you you

Veg

Bubble and squeak is a great way to use up potatoes, as well as any other veg you have left: parsnips, carrots, sprouts, cauliflower, broccoli - they can all go in!

Cheese

Turn cheese into a tasty sauce for macaroni or leftover cauliflower or broccoli. Delicious.

RECYCLE FOOD THAT'S LEFT

Despite your best efforts, some food waste is inevitable, like vegetable peelings, meat and fish bones and egg shells. Please remember to use your food waste recycling service to get rid of these.

food.gov.uk

Government food safety information find out the difference between 'best before' and 'use by' dates.

lovefoodhatewaste.com

Leftover recipe ideas, portion planners, storage tips and much more.

slwp.org.uk/ destination-recycling

Find out where your food waste recycling is taken and what it's turned into.

What goes where?

Stick me on your fridge so that you can refer to this helpful recycling information year-round!

The table below summarises the collection services received by houses in the borough. Containers may differ for houses with no frontage. Visit **croydon.gov.uk/recycling** if you're unsure.

View and download your 2024 collection calendar by using the postcode search tool at **croydon.gov.uk/recycling** If you're on a mobile device, use your camera to scan the QR code. If you're not online, pop into a local library to access a computer. Visit **slwp.org.uk/BinSmart** for more information on what you can and can't recycle



Container

Food waste



How do I?...

Report a missed collection	 Go to croydon.gov.uk/recycling Fill in your address and the bin type which was missed Our crews will then be alerted to return and collect
Report a fly-tip	 Report it at croydon.gov.uk/flytipping Our crews will visit the location and remove the fly-tip You can also report fly-tips easily using the Love Clean Streets App, available for both iOS and Android
Report an overflowing street litter bin	 Report it at croydon.gov.uk/litterbin Our crews will empty it
Visit the Household Reuse and Recycling Centre or Reuse Shop	Find out more information about where they are and what you can recycle here: croydon.gov.uk/hrrc
Leave a compliment or make a complaint	Fill out the form at croydon.gov.uk/complaints



CHOOSE TO REUSE

Do you love a bargain? Are you keen to help the planet and reduce your carbon footprint? If you are, then you should pay a visit to Croydon's Community Reuse Shop.

Located at Fishers Farm Household Reuse and Recycling Centre, the shop gives local residents a chance to find great deals on items such as refurbished electronics, homeware, books, toys, sports equipment and musical instruments – all of which have been saved from disposal and fixed up to be used again.

Visit **croydon.gov.uk/hrrc** for opening times and location details.



GARDEN WASTE RECYCLING

The garden waste recycling service is more popular than ever, with over 22,000 households in Croydon enjoying the benefits of having their garden waste collected for recycling every two weeks. Why not join them?

You can subscribe to the service online anytime: **croydon.gov.uk/ gardenwaste** (it costs £76.35 per bin per year - that's less than £3 per collection!*)

* Prices are subject to change in April 2024



PLASTIC SOLUTION

Croydon residents put 9,000 tonnes of plastic in their rubbish bins every year!

Minimising the amount of plastic you put in your rubbish bin is a really simple and effective way of reducing your carbon footprint and protecting the planet.

We are joining with our partners in the South London Waste Partnership to run a campaign to remind residents of the importance of reducing plastic waste. The campaign will launch in the New Year so get ready to share your **#PlasticSolution**.

Christmas and New Year Collections

Recycling and waste collections will change over the festive season:

Usual Collection Day	Revised Collection Day	Change
Monday 25 December	Wednesday 27 December	2 Days Later
Tuesday 26 December	Thursday 28 December	2 Days Later
Wednesday 27 December	Friday 29 December	2 Days Later
Thursday 28 December	Saturday 30 December	2 Days Later
Friday 29 December	Tuesday 2 January	4 Days Later
Monday 1 January	Wednesday 3 January	2 Days Later
Tuesday 2 January	Thursday 4 January	2 Days Later
Wednesday 3 January	Friday 5 January	2 Days Later
Thursday 4 January	Saturday 6 January	2 Days Later
Friday 5 January	Monday 8 January	3 Days Later
Monday 8 January	Tuesday 9 January	1 Day Later
Tuesday 9 January	Wednesday 10 January	1 Day Later
Wednesday 10 January	Thursday 11 January	1 Day Later
Thursday 11 January	Friday 12 January	1 Day Later
Friday 12 January	Saturday 13 January	1 Day Later

Collections return to normal from Monday 15 January 2024. Please remember to put your bins out by 6:00am on your collection day.





together

to tackle

waste

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