

Help prevent COVID-19

For parents, carers and children in Croydon

NATIONAL RESTRICTIONS ARE IN PLACE 5 NOVEMBER - 2 DECEMBER

Visit www.gov.uk/coronavirus

SCHOOLS REMAIN OPEN



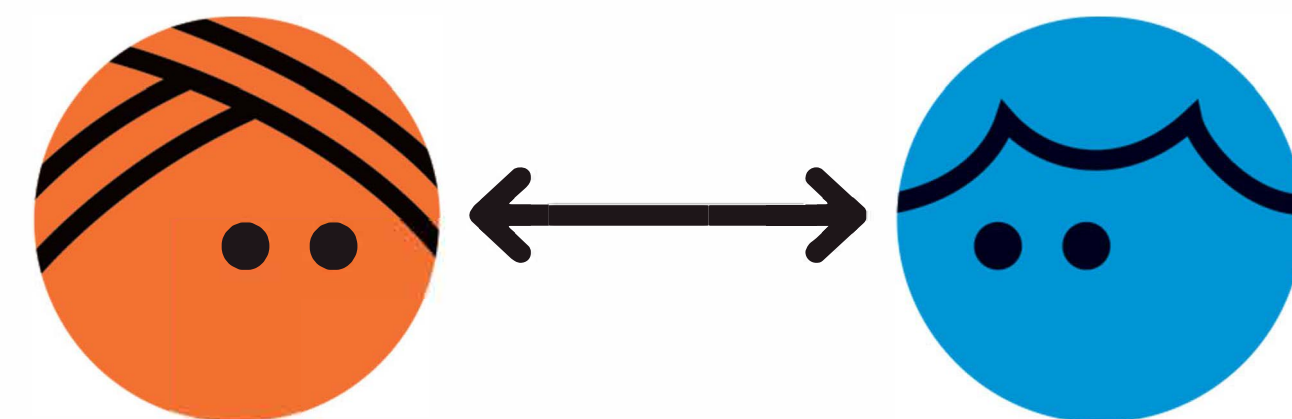
HANDS

Wash/sanitise your hands regularly



FACE

Wear a well-fitting face covering where required



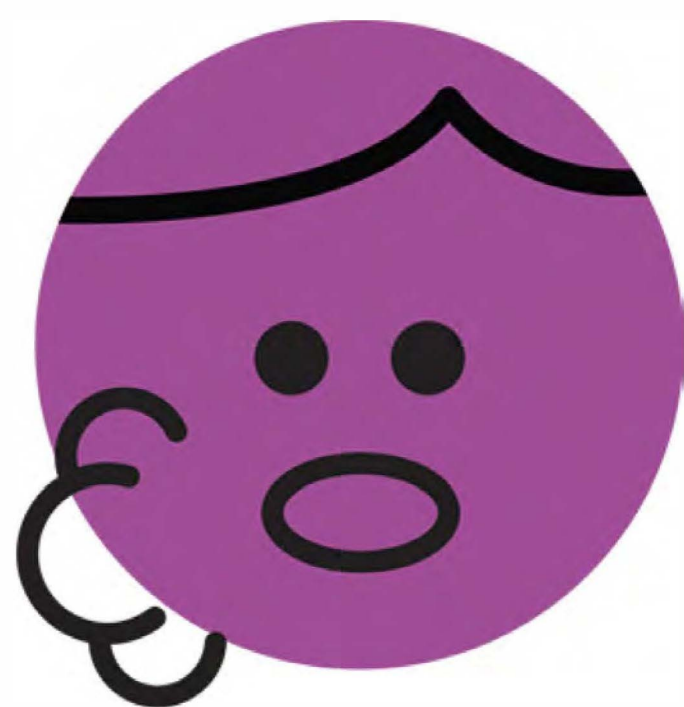
SPACE

Keep 2m away from people outside your household and support bubble

REMEMBER:

- Only socialise indoors with household members or your support bubble
- Walk or cycle to school, and do not car share

Symptoms of coronavirus



New, persistent cough



High temperature



Loss or change of taste or smell

Stop the spread of coronavirus

If you have:



- symptoms
- had a positive test
- been identified as a contact

Then you must:

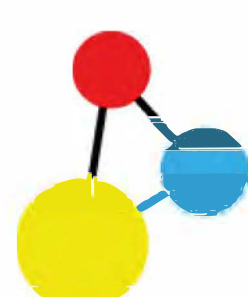
- self-isolate
- book a test immediately

REMEMBER:

It is a legal duty to self-isolate if:

- You have tested positive for COVID-19
- You have been told to by NHS Test and Trace

If you do not self-isolate you could be fined –starting from £1,000 up to £10,000.



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What should parents do?

Children can still go to school, nursery, childminder if they have:

- Runny noses
- Sore throats without a fever
- Mild colds

The main COVID symptoms are:

- Fever > 37.8 OR
- New continuous cough OR
- Loss of taste and / or smell

Children need a COVID test if they have the main COVID symptoms but not if they have a runny nose, are sneezing, or feeling unwell

Does your child have any of the symptoms of COVID-19?

NO

Does anyone in your household have symptoms of COVID-19?

NO

Has your child been asked to self-isolate because they are a close contact?

NO

If your child is well, they can attend school.

YES

Keep your child at home for at least 10 days.

- Tell the school
- Book a COVID-19 test immediately
- Everyone in your household, including siblings, stays at home.

YES

Keep your children at home for at least 14 days.

- Person with COVID-19 symptoms should self-isolate and book a COVID-19 test

YES

Keep your child at home for at least 14 days.

- Other siblings can attend school
- Tell the school

After 14 days, if your child is well, they can return to school.

What is your test result?

If during the 14 days your child develops COVID-19 symptoms Book a COVID-19 test

TEST NEGATIVE AS A CLOSE CONTACT

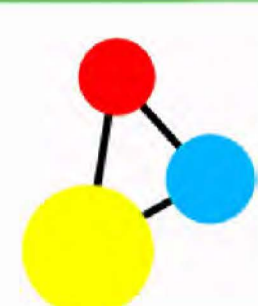
Child must self-isolate for the **full 14 days**

TEST NEGATIVE

- If your child is well, they can return to school
- Household members (including siblings) can end self-isolation

Your child or somebody in your household TESTS POSITIVE:

- Tell the school
- The child / person testing positive must complete 10 days self-isolation
- Other household members must complete 14 days self-isolation



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