

Welcome to Langley Oaks

Langley Oaks is a specialist home caring for people suffering from the later stages of Dementia.

We are owned and Managed by Croydon Council Social Services Department and registered and inspected by the Commission for Social Care Inspection

This building was erected in 1997 and is due to be demolished in 2008. We will be moving to a new purpose built Home at Heavers Farm at Selhurst. We have all been involved in its conception of the new homes and believe the layout of the new building will



Heavers Farm

enhance the quality of life of our clients. Throughout the design phase of this project we have been assiduously referring to experts, not only in respect to the management of the facilities, but also the specific characteristics of Dementia as a medical condition. As a result of our research and consultations we are now much more knowledgeable about how to design for people with Dementia.

Common factors affecting old age / Dementia:

- losing colour recognition;
- losing 3D recognition – the whole world becomes terrifying;
- hearing – the elderly are less able to differentiate frequencies –the greatest gift we can give is quiet;
- cognitive impairment in reasoning, learning and memory;
- higher levels of light are essential, particularly natural light – this is an enabling' measure – if people can see better, they feel better;
- 'sundowning' – people with Dementia often become restless at the end of the day, this could be caused by memories of leaving work, going home; reduced light levels, or even care staff shifts changing;
- ensure that people can see and be seen;
- many people go through an intense period of creativity during the early stages of dementia; if there are facilities to paint, draw, sew etc, tenants will be able to draw upon the benefits of this phase.

Dementia, is a progressive brain dysfunction, leads to a gradually increasing restriction of daily activities. The most well-known type of dementia is Alzheimer's disease. Dementia not only affects patients, but also those surrounding them, as most patients require care in the long-term

Our care centres on an individual Care Plan which is reviewed at least every 6 months by a Keyworker our Client and one of their family or friends and monitored once a year by the Clients Care Manager.



You will be introduced to a Keyworker and possibly our Activities officer, Cook, Domestic/Laundry person; they will explain their roles and answer any questions you may have,

A Keyworker is a member of staff who is responsible for co-ordinating the service user's plan, for monitoring its progress and for staying in regular contact with the service user and everyone involved.

New Langley Oaks Residential Home

Care Management Care Plan is a written statement based on a single assessment process, setting out the health and social services care and support that a service user receives through Care Management, and how it is organised and delivered.

An activities programme is so important for the mental & emotional welfare of people in later stage dementia when they are unable to respond positively to Reality orientation. We use a specialist technique called "Validation" it is a way of communicating and responding which lessens stress and promotes trust.

Our whole care plan is built on Trust, if our clients don't trust us they will not accept the care we offer. Validation does not challenge our clients it accepts that they believe and without colluding with the belief, we work through the underlying anxiety or problem.

Please feel free to talk to any of the staff they will be happy to assist; you will also be invited to our carers support group, and will have the opportunity to discuss any areas related to the home and the care provided.

Thank you for visiting.

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